



### **Holy Hour**

Every last Sunday  
of the Month  
at 8:00 PM  
in church

# OUR HOLY REDEEMER ROMAN CATHOLIC CHURCH

*ONE PARISH, ONE FAMILY, ONE BODY, ONE CHURCH*

✠ *A PERPETUAL ADORATION PARISH* ✠

37 SOUTH OCEAN AVENUE ✠ FREEPORT, NEW YORK 11520

TELEPHONE: (516) 378-0665 ✠ FAX: (516) 546-1416 ✠ E-MAIL: [OHR37@OPTIMUM.NET](mailto:OHR37@OPTIMUM.NET) ✠ WEBSITE: [OHRFREEPORT.COM](http://OHRFREEPORT.COM)



### **The Most Holy Rosary**

Every Saturday  
at 8:30 AM and  
Every Third Friday  
at 7:30 PM



### **PASTOR**

Rev. Christopher Nowak  
P Christopher Nowak =  
Facebook  
[crisosa@aol.com](mailto:crisosa@aol.com) = e mail

### **ASSOCIATE PASTOR**

Rev. Carlos Mario Urrego  
Rev. Thomas Acheampong

Rev. Frank Addey  
Chaplain: NUMC  
in Residence

### **DEACONS**

Deacon Bruce Burnham  
Deacon Cristobal Sanchez



### **BUSINESS OFFICE**

Miss Kathleen Weston  
Pastoral Business Associate

### **MUSIC MINISTRY**

Mr. Petkov, Director

### **FAITH FORMATION**

Mrs. Stuhlinger, Coordinator  
Mr. Cacao,  
Associate Coordinator  
(516) 546-1057  
Fax: (516) 546-0526

### **RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)**

Mr. Cacao, Coordinator  
(516) 546-1057

### **HUMAN SERVICES / THRIFT SHOP**

Mrs. Sullivan, Director  
(516) 868-8289

Mon Tue Thurs 10AM-1:30PM  
Sat. 11AM-3PM



## **SACRAMENTAL LIFE**

### ✠ **MASS SCHEDULE** ✠

#### **Saturday**

9:00 AM  
5:00 PM  
7:00 PM (Sp.)

#### **Sunday**

7:00 AM ✠ 8:00 AM (Sp.)  
9:30 AM ✠ 11:30 AM  
1:30 PM (Sp.) ✠ 5:00 PM

#### **Weekday**

Monday – Friday:  
7:30 AM ✠ 12:10 PM  
Wed.: 7:00 PM (Sp.)  
First Fri.: 7:00 PM (Sp.)

**Sundays in Summer:** Mass on the Waterfront at 10:00 AM

### ✠ **BAPTISM** ✠

Every 2<sup>nd</sup> & 4<sup>th</sup> Sunday of the Month at 3:00 PM

### ✠ **CONFESSION/PENANCE/RECONCILIATION** ✠

Saturday: 1:30 PM - 2:30 PM  
Wednesday: 6:30 PM - 7:00 PM  
Friday: 4:00 PM - 5:00 PM or by appointment.

### ✠ **MATRIMONY** ✠

Marriages MUST be arranged at least six months in advance.  
Please call one of our Priests at the Rectory to make an appointment.

✠ ✠

### ✠ **PARISH TRUSTEES** ✠

Miss Jane Dengel  
Mr. Manolo Rodriguez

### **FINANCE COMMITTEE**

✠ **CHAIRPERSON** ✠  
Mr. Charles Shields III



### **DEVOTIONS**

*Divine Mercy Chaplet*  
Every Friday after the  
12:10 PM Mass  
*Miraculous Medal Novena*  
Every Saturday after the 9:00  
AM Mass



### **SOCIETIES**

*Legion of Mary*  
Sheila Walsh  
(516) 379-9028  
*Nocturnal Adoration Society*  
Jane Dengel  
(516) 379-2331



### **ORGANIZATIONS**

*Catholic Daughters  
of the Americas*  
Cathy Cavanagh, Regent  
(516) 314-3494

*Emmaus Group*  
Nieves Espinal  
(516) 884-2545

*Juan Carlos Tejeda*  
(516) 404-4087

*Knights of Columbus*  
Paul Doyle, Grand Knight  
(516) 581-9188

*Society of  
St. Vincent de Paul*  
Reynaldo F. Marine, President  
(516) 378-0665

*Rosary Makers*  
Diana Maza  
(516) 581-7103

### **RECTORY OFFICE HOURS**

Monday – Friday  
9:00 AM to 12:00 PM  
1:00 PM to 5:00 PM  
(516) 378-0665

*January 14, 2024, II Sunday in Ordinary Time*

# FAITH AND THE HOLY SACRIFICE OF THE MASS

## OFFERINGS FOR THE WEEK OF MONDAY, JANUARY 15

### MASSES

#### Monday, January 15

7:30am Intentions of Luis Montanez

12:10pm † Joseph Stroschein

#### Tuesday, January 16

7:30am † Diogenes Rosado

12:10pm Intentions of Luis Montanez

#### Wednesday, January 17, Saint Anthony, Abbot

7:30am Intentions of Luis Montanez

12:10pm † Frank Alongi

7:00pm † Juan María Antonio Núñez

#### Thursday, January 18

7:30am † Souls in Purgatory

12:10pm † Michael Christopher Eklund

#### Friday, January 19

7:30am Intentions of Luis Montanez

12:10pm † Greta Villanueva

#### Saturday, January 20

9:00am † Pasquale & Serafina Nicolino

5:00pm † Melania Solis

7:00pm † Ramon A. Almonte

#### Sunday, January 21, THIRD SUNDAY IN ORDINARY TIME

7:00am Priest's Intentions

8:00am Parishioners of Our Holy Redeemer/Freeport

9:30am † Melania Solis

11:30am † Gerard Wilson; † Maria P. Payamps; † Michelle, Magdalene & Ernest Alaric Andree

1:30pm † Maria F. Tavarez

5:00pm † James Blaney

### READINGS FOR JANUARY 21, 2024

#### III Sunday in Ordinary Time

1st Reading

**Jonah 3:1-5, 10**

Responsorial Psalm

**Psalm 25**

2nd Reading

**1 Corinthians 7:29-31**

Gospel

**Saint Mark 1:14-20**

### MONTHLY ANOINTING OF THE SICK



**EVERY FIRST SUNDAY**  
**At the end of the 5 PM Mass**

FAITH AND HOLY MATRIMONY  
BANNS OF MARRIAGE:  
NONE

#### BREAD & WINE

+ Pasquale & Serafina Nicolino

† HOLY MASS INTENTIONS ARE AVAILABLE, PLEASE VISIT THE  
RECTORY.

*† Para intenciones de Santa Misa, por favor, visite la rectoría.*

#### SANCTUARY CANDLES

None Requested

#### TABERNACLE FLOWERS

+ Pasquale & Serafina Nicolino

Please remember the following individual(s) at the Altar of Our Holy Redeemer:

NAME: \_\_\_\_\_ ☐ Living ☐ Deceased

OFFERING: ☐ Bread & Wine (\$40.00) ☐ Sanctuary Candles (\$33.00) ☐ Tabernacle Flowers: \$60.00 (\$30.00 Each)

WEEK OF DATE: \_\_\_\_\_

AMOUNT SUBMITTED: \_\_\_\_\_ ☐ Cash ☐ Check #: \_\_\_\_\_

OFFERED BY: (NAME): \_\_\_\_\_

ADDRESS: \_\_\_\_\_ TELEPHONE: \_\_\_\_\_



## + FAITH AND PRAYER +



**Please continue to say your prayers for the following members of our Armed Forces:**

Sgt. Benjamin Bonifacio, Cody Bonora, William J. Busch, Colin Byrne, Melissa Castillo, Lt. Frank Chavez, Anthony Costante, Sgt. Joseph Courtien, Tyler Daly, Juan Diaz, Sr. Medical Admin. Jennifer Dengel, Maureen Douglas, Gaven Doyle, Timothy Duffy, Ryan Dugan, Victor Fonseca, Katelyn Ann Foster, RN, Joseph Gelling, Jr., Michael George Gonzalez, Jean Gurnwald, Susana Ladino, Corp. Gaelan Lynch, Sgt. Ramon Marrero, Lorraine Martin, PO 1st Class Matthew Martin, Pvt. Jack McKnight, John Mediate, Sgt. Kelvin O. Melara, Jose Molina, Jr., Airman 1st Class Jerome Miles, Cmdr. Colleen Minihan, Maj. Paul Minihan, Seaman Robert Mugno, Pvt. William Mugno, CPO Floyd A. Rivera, Seaman Miguel Rodríguez, Raúl Rodríguez, Sgt. Sammy Rodríguez, Benjamin Rhodes, Edwin Sandoval, Doug Schambert, Paul Seiden, Luis Sic, Pvt. 1st Class Ashley Sumner, Sr. Airman Daniel C. Swensen, Lt. Col. David Talafuse, Lt. Col. John Talafuse, Maj. Thomas Talafuse, Corp. Daniel Vargas, Anthony Williams, Sgt. Maj. Lynroy Williams,

## Please Pray for



Lorraine Avitabile, Anne Bouchereau, Daniel Arce, Gloria Arce, Kathleen Burnham, Thomas Cozzeto, Marie Dimanche, Paul Fitzgerald, Kathy & Doug Fitzsimons, Amelia de la Fuente, Yokasta Gonzalez, Carla Griggs, Jean Grunwald, Dora Guerrero, Jamal Hamilton, Omari Harrison, Evelyn Hernandez, Jonathan Hernandez, Juan Hernandez, Michael Holian, Baby Madeleine Hoover, Brian Liranzo, Rafael Lopez, Ana Miranda Maldonado, Jose Martinez, Marta Martinez, Milton Martinez, Violeta Martínez, Linda McIntosh Margaret Nadeau, Clem Neville, Mary Nugent, Samson G Paul, Ann Pereira, Mark Petrasek, Cathy Pomerico, Willy Ramos, Eviana Rose, Diane Rougier, Andres Sabando, Jonathan Sabando, Richard Siani, Scott Stuhlinger, Donald Suchan, Anna Taglieri, James Taylor, Angelo Termini, Charlie Termini, Marybeth Termini, Vinnie Termini, Ana Tineo, Brendan Turner, Eileen Turner, Julianne Valot, Elaine Verity, Mary Walsh, Kasey White, Lillian Wickman, Hope Wilson Mann and family, Melissa Young, all our sick brothers and sisters.

**Please call the Rectory  
if anyone is in serious need of prayers.  
The names will remain  
our prayer list for four weeks.**

**Thank you.**



**Please Pray for Our Beloved Deceased:**

*Jim Blaney*



Please help Venerable Anthony Vincent Gallo join the ranks of the Canonized Saints

***Pray for a Miracle***

for a suffering person through the intercession of the

**Venerable Father Anthony Vincent Gallo**

*Diocesan Priest, Oblate of the Congregation of the Priests of the Sacred Heart*

Montforte Irpino, 11 January 1899 – 2 May 1934

For more information please visit: [www.fathergallo.com](http://www.fathergallo.com)



# Coffee and Bread available in the lower church

Come and break bread with  
your fellow parishioners  
every Sunday  
8:00 A.M. to 3:30 P.M.



## Café y Pan

Disponible en el sótano de la iglesia  
Ven y parte el pan con tus compañeros feligreses  
Todos los Domingos de  
8:00 A.M. a 3:30 P.M.

Coffee Fellowship Committee/Comité de Compañerismo de Café

# FAITH AND EDUCATION

SCHOOL'S IN: DRIVE CAREFULLY (both on and off the road)



## NEWS FROM THE DE LA SALLE SCHOOL (516) 379-8660

### The De La Salle School—Catholic Lasallian School for young men *Grades 5-8*

As New Year's resolution is a tradition, in which a person resolves to continue good practices, change an  
"The ringing cry of the Christian faith is that our God is able."

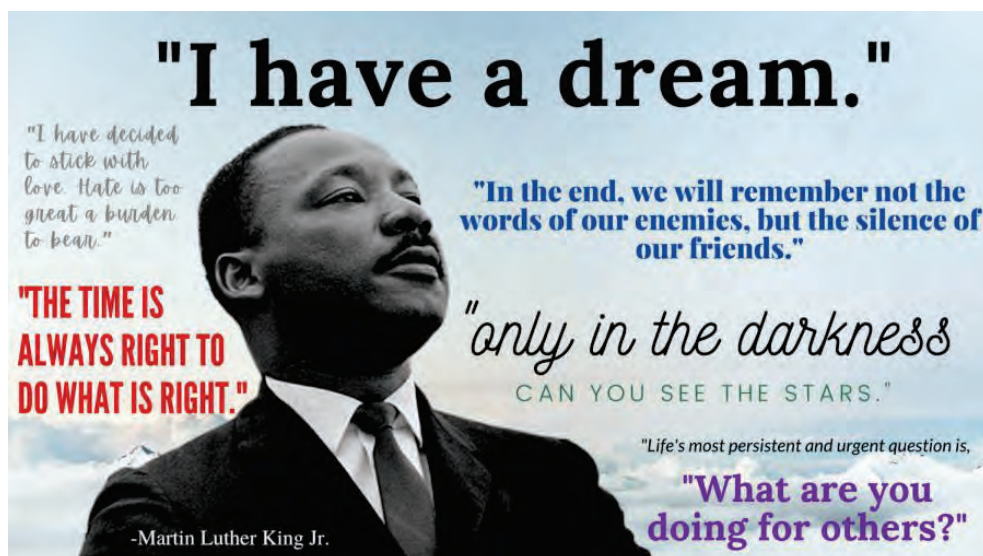
Martin Luther King, Jr.

As we prepare to celebrate MLK Day, this quote has never been truer. Our God is able and we thank him for all the blessings he has bestowed upon us. The De La Salle School community gives him praise for blessing us with the Our Holy Redeemer parish community.

We have begun our recruitment of current fourth grade students as candidates for the fifth-grade class of the 2024-2025 school year. As you know, our school provides a Christian education to young men from economically disadvantaged backgrounds. We offer an option for parents who desire to enroll their sons in a Catholic middle school but who cannot afford to do so. If you know of any young men who would benefit from attending our program, please reach out to the school for a visit and tour 516-379-8660.

*Roxanna De Peña-Elder*

**Martin Luther King Day** (Monday, January 15, 2024) honors the life of a fighter for racial justice and equality. It celebrates this equality in a society that he dreamed of becoming color-blind. He stood up to make a difference for every race. His words spoke for every nationality, to feel no segregation. **Martin Luther King Day** is a day of service. Let us choose this day to help out at shelters, hospitals, and even prisons, volunteer to help feed the homeless, mentor children that come from a life of struggle, and essentially help to make the community a better place.



**"Darkness cannot drive out darkness, only light can do that." Dr. Martin Luther King**

## DEACON'S CORNER



John the Baptist points out Jesus as the Lamb of God. Two of his disciples decide to follow Jesus, and He invites them to see where He stays. Andrew, one of the disciples, excitedly tells his brother Simon Peter that they've found the Messiah.

The theme of name change and identity emerges as Jesus renames Simon to Cephas (Peter), which means "rock." This symbolizes Peter's future role and underscores the transformative impact of encountering Jesus.

Andrew's excited testimony to his brother Simon introduces the theme of personal testimony. This highlights the significance of sharing one's personal experiences with Jesus to invite others into a relationship with Him. Simon's immediate response to Jesus' call showcases the theme of obedience. His willingness to leave his nets and follow Jesus reflects the radical nature of responding to Jesus' call.

*Deacon Bruce*

## EL RINCÓN DEL DIÁCONO

Juan el Bautista señala a Jesús como el Cordero de Dios. Dos de sus discípulos deciden seguir a Jesús y Él los invita a ver dónde se hospeda. Andrés, uno de los discípulos, le dice emocionado a su hermano Simón Pedro que han encontrado al Mesías.

El tema del cambio de nombre y de identidad surge cuando Jesús cambia el nombre de Simón a Céfás (Pedro), que significa "roca". Esto simboliza el papel futuro de Pedro y subraya el impacto transformador del encuentro con Jesús.

El emocionado testimonio de Andrés a su hermano Simón introduce el tema del testimonio personal. Esto resalta la importancia de compartir las experiencias personales con Jesús para invitar a otros a tener una relación con Él.

La respuesta inmediata de Simón al llamado de Jesús muestra el tema de la obediencia. Su disposición a dejar sus redes y seguir a Jesús refleja la naturaleza radical de responder al llamado de Jesús.

*Diácono Bruce*





JANUARY 14, 2024

## Pastor's Message

### Second Sunday Ordinary Time / 2024

I.-- Several years ago I was in a conversation with a long-time parishioner Kitchy Deenahan. She was in hospice care at home after a long hospitalization at Montefiore Hosp. in the Bronx. I had already made several pastoral visits and in this conversation the hospital and prayer came up. She made this statement: Father when you are in pain and so uncomfortable you can't pray. And then when I was fine with no pain there was too much noise from the hospital environment (including the patient next to me) I couldn't focus on my prayers or even be in silence. The one thing I needed the most: prayer I was distracted from.

I share this because two conditions we need the most to pray for are : SILENCE AND SOLITUDE. Today we are inundated and enveloped with so much noise: traffic, music, T.V, the chatter of other people—it's just noise, noise, noise. People have no silence in their lives. Nor do people see the need to cultivate periods of silence in their lives. The T. V. or music are always blaring.

In addition, and no thanks to Covid 19, families have to remain in cramped conditions because their movement to where they can go is restricted, there is no solitude. In the average home when there are too many people under one roof (due to various reasons) having periods of silence and solitude are not possible. I think we would all agree that having some silence and solitude are essential conditions for prayer. Even an individual of the Charismatic Renewal who prays via singing and praise, still spends time in front of the Eucharist in silence and solitude. Married couples who pray together every day still say they need time in solitude and silence and pray alone. I think it is safe to say that our world and culture and family life being so fast paced mitigate against the conditions of solitude and silence needed to pray.

II.- Our readings today are about God's call and our response but are we listening? We can't respond if we can't hear or listen.

Today's AGE is so different from centuries ago or even in our Lord's time. The world today is secular, godless, unbelieving, doesn't pray, less faith and belief in God: SECULAR, GODLESS, UN-BELEIVING, DON'T PRAY, LESS FAITH AND BELIEF IN GOD. It is so different from the way it was centuries ago. What is different?

THE NOISE IN OUR WORLD HAS INCREASED EXPONENTIALLY; NOISE AND SOUND ARE CONSTANT REALITIES. PEOPLE TODAY ARE NOT LISTENING TO THAT INNER VOICE. PEOPLE ARE NOT LISTENING IN THE QUIET OF THEIR HEARTS WHERE GOD SPEAKS—CALL IT: VOICE, RINGING, WHISTELING, WHATEVER—people today are NOT LISTENING.

We know that God is always communicating with us, Via: THE BEAUTY OF THE DAY, EVENTS OF THE DAY, SACRAMENTS, SACRED SCRIPTURE, he speaks to us in the depths of our hearts: Of course, the question is: ARE PEOPLE LISTENING??

This is why when we pray...WHATEVER FORM OUR PRAYER MAY BE: Rosary, Praising God, LECTIO DIVINIA, Prayer of Supplication, we have to dedicate time to SIT IN SOLITUDE AND SILENCE AND LISTEN>>>>

----If you are distracted....when you realize it. Just go back to listening. Just trust and believe that God is Speaking to your heart.

---IMPORTANT THAT YOU BE FAITHFUL TO THE TIME ----EVEN IF YOU MAY BE DISTRACTED, YOU MAY BE BORED, YOU MAY BE ANXIOUS.

..BUT YOU HAVE TO TRUST THAT GOD IS COMMUNICATING WITH YOU....

---YOU NEED TO BE FAITHFUL TO THE TIME IN PRAYER—THAT TIME IS SACRED

---EVENTHOUGH NOTHING MAY SEEM TO BE HAPPEING. EVERY THING IS HAPPENING; COMMUNICATION IS STILL TAKING PLACE....

IF GOD IS CONSTANTLY COMMUNICATING TO US: WHAT IS HE SAYING??

FIRST: THE universal call to HOLINESS/WHOLENESS---BECOMNG WHO GOD CALLS US TO BE: a person of justice, patience, love, care, concern, non-judgmental.

---THIS IS HOW WE EVALUATE OUR PRAYER:

BY HOW MUCH WE MOVE FORWARD ALONG THE SPIRITUAL PATH: REMEMBER: PRAYER IS NOT ABOUT CHANGING GOD (ASKING HIM FOR THINGS) : ITS ABOUT CONFORMING OUR WILL TO HIS.

---IT IS IN THIS WHOLENESS WE DRAW CLOSER TO HIM....

2) GOD IS CONSTANTLY CALLING US TO HIMSELF: The Three Kings followed a star: they responded and followed that energy/force that God has placed in every human being TO SEEK HIM OUT.

---upon meeting God in the Infant Jesus: they returned by another route; SYMBOLIZES CONVERSION: they were changed, different, no longer the same.

3) THE TWO DISCIPLES in today's Gospel WERE LISTENING AND SEARCHING: THEY HEARD JOHN'S PERSONAL TESTIMONY OF FAITH: BEHOLD THE LAMB OF GOD

--- JOHN WAS A SIGN; BY HIS FAITH POINTED TO JESUS.

---BASED ON JOHN'S TESTIMONY THEY FOLLOWED JESUS (then they went and told Simon)

---Based on our testimony and living the faith we too point others to Jesus.

IV.- WE ARE CALLED TO BE LIVING SIGNS POINTING TOWRDS JESUS (THROUGH OUR FAITH IN HIM)...

--WE TESTIFY TO HIM. WE POINT TO HIM.

-- HOW MANY OF US HAVE EXPERIENCED COUNTLESS MIRACLES IN OUR LIVES?

V DR. MARTIN LUTHER KING JR... was a living signpost pointing towards all that is possible in this world (the way God created the world and hopefully we are moving to towards) a world of racial equality and justice.



# Pilgrimage SHRINES OF ITALY

**October 14 - 23, 2024**

**SPIRITUAL DIRECTORS:**

Father Christopher Nowak  
Father Carlos Urrego

**For more info contact:**

Lisset Arevalo. Tel: 917-647-1556

# Peregrinación SANTUARIOS DE ITALIA

**Octubre 14 al 23, 2024**

**DIRECTORES ESPIRITUALES:**

Padre Christopher Nowak  
Padre Carlos Urrego

**Para más información contacte:**

Lisset Arevalo. Tel: 917-647-1556



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<http://www.giovannicarrieriph.com> - [info@giovannicarrieriph.com](mailto:info@giovannicarrieriph.com) - <http://www.facebook.com/giovannicarrieriph>



# Triduum for the Solemnity of Saint Agnes

**January 19-21, 2024 | Patroness of our Cathedral and of  
the Diocese of Rockville Centre**

**Friday, January 19, 7:30 P.M. | Holy Hour**  
featuring The Cathedral Choirs

**Saturday, January 20, 5:00 P.M. | Solemn Mass of Saint Agnes**  
featuring The Cathedral Singers of Saint Agnes singing selections from  
*Missa O Quam Gloriosum* by Victoria and other sacred works

**Sunday, January 21, 4:00 P.M. Solemn Vespers of Saint Agnes**  
featuring The Cathedral Choirs followed by Veneration of a Relic of  
Saint Agnes  
Guest Homilist: Father Louis Cona, Associate Pastor, St. Patrick's,  
Smithtown

St. Agnes Cathedral | 29 Quealy Pl, Rockville Centre, NY 11570



# Purgatorial Society Remembrances January 2024

**My Jesus,  
Mercy**

**Bishop Paul H. Walsh**

**Rev. Msgr. James M. McDonald**

**Msgr. Donald T. Bennett**

**Albert DiBrizzi  
Albert Stoessel  
Andrew Stoessel  
Ernest Stoessel, Sr.  
Ernest Stoessel  
Geraldine King  
George Baumbach  
George Fischer  
Gerard Wilson  
Henry Dengel  
Herbert Roland Ramirez  
Janene M. Suchan  
Jean Dengel  
John J. Keegan  
Joseph Keegan  
Justin Michael Perez**

**Pray for us, O Holy  
Mother of God.**



**Laura Ann Marchese  
Margart Baumbach  
Maria Keegan  
Marie V. Weiss  
Mark Kojamanian  
Mario Perez  
Mary J. Walsh  
Michael Christopher Eklund  
Patrick Keegan  
Ralph J. Corapi  
Regina T. Corapi  
Rose Stoessel  
Thomas Goodwin  
Thomas Keegan  
Thomas J. Suchan  
Silas Rosales  
William E. Suchan, Jr.**

**Each month all names submitted and received in time will be prayed for at Mass. In addition, the names will be proclaimed on the last 9am Saturday Mass of the month.**

**All names received by January 22, 2024 will be enrolled for February 2024.**

**The donation is \$20 per name**

**Please print clearly**

**Name to be enrolled: \_\_\_\_\_**

**Your name: \_\_\_\_\_**





# WHAT ARE YOU LOOKING FOR?

John was standing with two of his disciples, and as he watched Jesus walk by, he said, "Behold, the Lamb of God." The two disciples heard what he said and followed Jesus. Jesus turned and saw them following Him and said to them, "What are you looking for?" They said to Him, "Rabbi", which translated means Teacher, "where are You staying?" He said to them, "Come, and you will see." So they went and saw where Jesus was staying, and they stayed with Him that day. ... Andrew, the brother of Simon Peter, was one of the two who heard John and followed Jesus. He first found his own brother Simon and told him, "We have found the Messiah", which is translated Christ. Then he brought him to Jesus. Jesus looked at him and said, "You are Simon the son of John; you will be called Cephas", which is translated Peter.

Saint John I: 35-42

**Directions:** Find the words below from today's Scripture reading in the puzzle. Words can go horizontally, vertically, and diagonally in all directions (as shown).

AFTERNOON	JESUS
BEHOLD	LAMB
BROUGHT	LEAVE
CALLED	LOOKING
COME	MEANS
DAY	STANDING
DECIDED	STAYED
DISCIPLES	TEACHER
FIRST	TRANSLATED
FOLLOWED	TURNED
FOUND	<del>WALK</del>
FOUR	WATCHED
GRACE	WHERE
HEARD	WHICH

D	F	Y	B	T	T	F	D	D	E	H	C	T	A	W
E	O	E	Q	R	M	W	D	E	G	S	H	F	T	H
L	U	H	Z	A	W	H	U	R	W	G	U	A	T	I
L	N	J	T	N	C	H	A	R	U	O	F	S	T	C
A	D	E	E	S	C	C	E	O	D	T	L	A	E	H
C	M	V	A	L	E	T	R	R	E	L	N	L	P	J
L	W	A	C	A	M	B	Y	R	E	F	O	A	O	M
L	G	E	H	T	A	A	N	O	G	P	I	H	U	F
A	O	L	E	E	D	O	V	D	N	G	V	R	E	C
K	I	O	R	D	O	D	E	C	I	D	E	D	S	B
L	V	E	K	N	K	Y	W	B	D	R	A	E	H	T
A	H	B	C	I	A	T	U	R	N	E	D	Y	U	Y
W	Z	O	M	T	N	Z	M	E	A	N	S	Q	W	A
R	M	D	S	A	U	G	G	E	T	F	Y	U	T	L
E	R	M	S	E	L	P	I	C	S	I	D	E	S	K



**WE ARE LOOKING FOR PEOPLE WHO WILL DEDICATE  
THEMSELVES TO ASSISTING THOSE WHO GRIEVE**

**"Comfort, give comfort to my people, says our God."  
Isaiah 40:1**

*To offer consolation is one of the most important ways to care. Life is so full of pain, sadness and loneliness that we often wonder what we can do to alleviate the immense suffering we see. We can and must offer consolation. To console does not mean to take away the pain, but rather to be there and say, "You are not alone, I am with you." We all need to give consolation as well as to receive it.*

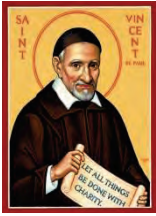
*- Henri Nouwen*

**Be a blessing to someone grieving the loss of a  
loved one. The blessings you receive are  
beyond your imagination.**

Our Holy Redeemer offers comfort to those who mourn through our Ministry of Consolation. Members who serve as companions help guide recently bereaved families through the planning and celebration of the funeral Mass for their loved one. They sometimes serve as greeters at the Mass. Volunteers in the Ministry of Consolation are known for their compassion and we are grateful for their service to our faith community.

If you feel called to this ministry, we will provide training.

For more information, please contact Deacon Bruce Burnham at (516) 943-8306 or email [deacon119@aol.com](mailto:deacon119@aol.com)



## THE FREEPORT CONFERENCE OF SAINT VINCENT DE PAUL

*The St. Vincent de Paul Society is a Catholic lay organization that directly helps our neighbors in need. It is a person-to-person ministry of encounter that tries to see the face of Christ in the faces of those who are suffering financial hardship. It is a Gospel response to assist our brothers and sisters through the Corporal and Spiritual Works of Mercy.*

*Please call the Rectory and leave your name if you would like to help with this work.*

*Please Come Home and Pray with*

## THE LEGION OF MARY



*The worldwide Legion of Mary has been called "a miracle of these modern times."*

*The Legion of Mary is an association of Catholic laity who serve the Church on a volunteer basis. Today, between active and auxiliary (praying) members, there are more than 10 million worldwide, making it the **LARGEST** apostolic organization of lay people in the Catholic Church!!!*

**PLEASE JOIN US**

*For more information, please call  
Sheila Walsh at (516) 379-9028*

## KNIGHTS "KORNER"



**ARCHBISHOP MOLLOY COUNCIL #1974**

*If you would like to be a part of an international organization of more than 1.8 million Catholic men whose principal work involves helping others in need, then we would like to meet you and invite you to join us.  
For more information, please call*

*Paul Doyle, Grand Knight  
@ 516 581-9188*

## THE CATHOLIC DAUGHTERS OF THE AMERICAS



*There is a great group of women who have been meeting here in the Parish for more than 80 years The Catholic Daughters of the Americas is a way for all women to enhance their spiritual and emotional growth. We are open to all Catholic women 18 years and older. We are ready to restart our meetings on the 2nd Monday every month from 7-9 pm in the church basement.  
For more information, please contact*

*Cathy Cavanagh, Regent  
@ 516-314-3494*





### El Ministerio de los niños, Ángeles de la Virgen del Rosario

Lo invita a Ud. padre de familia a ingresar a su hijo a participar en el Coro de los niños y cantar las alabanzas

en la Misa que como Ministerio les corresponde; en hacer el Rezo del Santo Rosario; en proclamar la palabra; en celebrar las Posadas y en muchas actividades parroquiales. Su niño debe tener 6 años de edad para su ingreso. Para más información puede comunicarse con hermanas Damaris Salcedo 516 225-7945 y Dinora Sánchez 516 457-4680, quienes con mucho gusto le atenderemos y les daremos más información. ¡Que el Señor les bendiga!

### El Grupo Señor de las Misericordias

Esperamos comenzar a reunirnos pronto. De modo que estén al tanto

De un anuncio oficial en un Boletín muy próximo. Estamos muy ansiosos de volver a reunirnos con todos ustedes.



### Grupo de Jóvenes Adultos Creciendo en Cristo

Estamos muy deseosos de volver a reunirnos con todos ustedes. Para más información:

Estén al tanto de próximos anuncios en el Boletín. Pueden llamar a Armando Vásquez al (516) 590-5403

### Grupo Santo Redentor

El Grupo de Oración Carismático Santo Redentor se reúne todos los martes de cada mes, de 6:30 PM a 9:00 de la noche.

Para más información por favor llame a la coordinadora del grupo: Angela Barillas. 516-943-8137.



### Ultreya

Nos reunimos todos los miércoles a las 7:30 de la noche en el sótano de la Escuela. Para más información comuníquese con nuestra vocal: Blanca Peralta al 516-1325-3487.

Lecturas para el 21 de Enero de 2024

III Domingo del Tiempo Ordinario

Primera Lectura: Jonás 3, 1-5. 10

Salmo Responsorial: Salmo 24

Segunda Lectura: Hebreos 1 Corintios 7, 29-31

Evangelio: San Marcos 1, 14-20

*¿Le gustaría servir en el  
Ministerio de Hospitalidad  
de la Iglesia?*



Lo invitamos a unirse a nuestro grupo. Si desea más información, por favor, llame a Carlos Portillo al 516-849-4568 o a Elmer Vásquez 516-395-7389.

### ¡Urgente Llamado a los Monaguillos!



¿Te gustaría ayudar a servir en el altar? ¿Por qué no unirse al creciente grupo de jóvenes que ayudan al Sacerdote en nuestro Altar? Si estás interesado, y tus padres están de acuerdo, llama al Padre Carlos al 516-378-0665. Si él

no está disponible, déjale un recado con tu nombre y teléfono y él o un delegado te llamará. El primer paso es recibir instrucción para que sepas lo que tienes que hacer y las primeras veces que sirves te acompañará otro servidor con experiencia que te ayudará a hacer lo que debes hacer. De modo, que ¡manos a la obra!



### El Grupo Carismático Cristo

Vive se reúne todos los domingos de 6:30 PM a 9:00 PM. Si tiene preguntas, llame al Coordinador: José Flores (516) 902-2419

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Pro-life Resources, Post-Abortion Healing Information  
**ProLifeLI.org or 631.243.1435**  
**Pregnancy options: 631-243-0066 (24/7)**  
**AAAPregnancyOptions.org**

## BABY'S LIFE BEFORE BIRTH

♥ My heart is beating at 18 to 25 days.  
♥ The foundation for my nervous system is in place at 20 days.  
♥ My skeleton is complete at 42 days and I have reflexes.  
♥ My brain waves can be detected as early as 43 days.  
♥ At 8 weeks my brain and all body systems are present and I look like a miniature doll.

♥ During weeks 9 and 10 I squint, swallow and can make a fist.  
♥ By the 11th and 12th weeks I am moving my arms and legs, sucking my thumb and breathing amniotic fluid. All my systems are working.  
♥ My movements by 16 weeks are quite active and I can be seen performing somersaults on ultrasound but am not yet felt by my mother.  
♥ From the 3rd month on nothing new develops. I continue to grow in size and by 20 weeks I have hair on my head, weigh 1 pound and am 12 inches tall.



**CHOOSE LIFE!**

For confidential assistance with your pregnancy  
and for information about alternatives  
to abortion, please call:

♥ Birthright: (516) 785-4070  
[www.birthright.org](http://www.birthright.org)

♥ The Life Center: (516) 408-6300  
[www.aaapregnancyoptions.org](http://www.aaapregnancyoptions.org)

♥ Momma's House: (516) 781-8637  
[www.mommashouse.org](http://www.mommashouse.org)

♥ Regina's Residence: (516) 223-7888  
[www.catholiccharities.cc/reginasresidence](http://www.catholiccharities.cc/reginasresidence)