



**Holy Hour**

Every last Sunday  
of the Month  
at 8:00 PM  
in church

# OUR HOLY REDEEMER ROMAN CATHOLIC CHURCH

*ONE PARISH, ONE FAMILY, ONE BODY, ONE CHURCH*

✠ *A PERPETUAL ADORATION PARISH* ✠

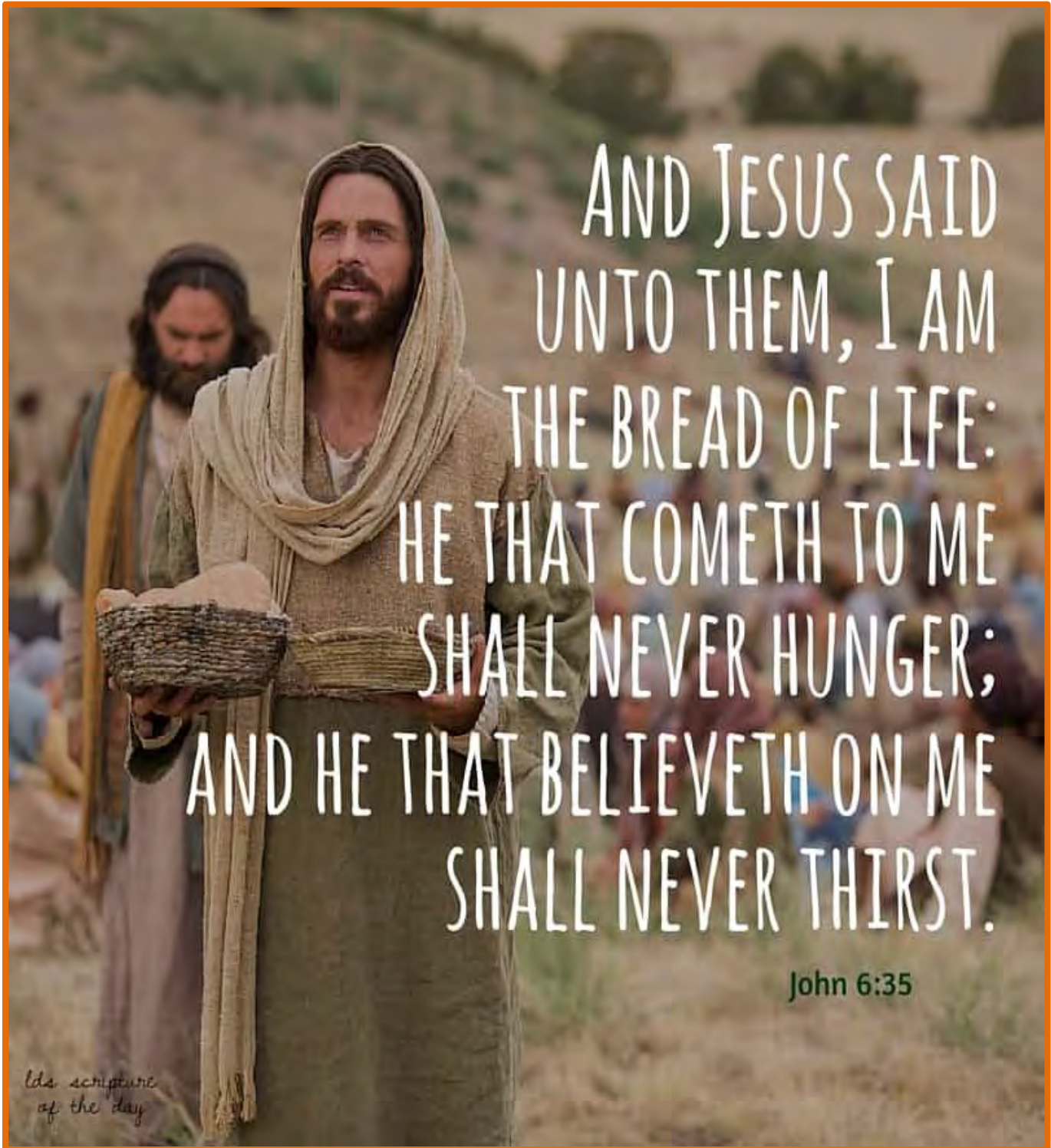
37 SOUTH OCEAN AVENUE ✠ FREEPORT, NEW YORK 11520



**The Most Holy Rosary**

Every Saturday  
at 8:30 AM and  
Every Third Friday  
at 7:30 PM

TELEPHONE: (516) 378-0665 ✠ E-MAIL: [OHR37@OPTIMUM.NET](mailto:OHR37@OPTIMUM.NET) ✠ WEBSITE: [OHRFREEPORT.COM](http://OHRFREEPORT.COM)



AND JESUS SAID  
UNTO THEM, I AM  
THE BREAD OF LIFE:  
HE THAT COMETH TO ME  
SHALL NEVER HUNGER;  
AND HE THAT BELIEVETH ON ME  
SHALL NEVER THIRST.

John 6:35

*lds scripture  
of the day*



**Holy Hour**

Every last Sunday of the Month at 8:00 PM in church



**The Most Holy Rosary**

Every Saturday at 8:30 AM and Every Third Friday at 7:30 PM

# OUR HOLY REDEEMER ROMAN CATHOLIC CHURCH

*ONE PARISH, ONE FAMILY, ONE BODY, ONE CHURCH*

✠ *A PERPETUAL ADORATION PARISH* ✠

**37 SOUTH OCEAN AVENUE ✠ FREEPORT, NEW YORK 11520**

TELEPHONE: (516) 378-0665 ✠ **E-MAIL: OHR37@OPTIMUM.NET** ✠ WEBSITE: OHRFREEPORT.COM



**PASTOR**

Rev. Christopher Nowak  
P Christopher Nowak =  
Facebook  
crisosa@aol.com = e mail

**ASSOCIATE PASTOR**

Rev. Carlos Mario Urrego  
Rev. Thomas Acheampong

Rev. Frank Addey  
Chaplain: NUMC  
in Residence

**DEACONS**

Deacon Bruce Burnham  
Deacon Cristobal Sanchez



**BUSINESS OFFICE**

Miss Kathleen Weston  
Pastoral Business Associate

**MUSIC MINISTRY**

Mr. Petkov, Director

**FAITH FORMATION**

Mrs. Stuhlinger, Coordinator  
Mr. Cacao,  
Associate Coordinator  
(516) 546-1057

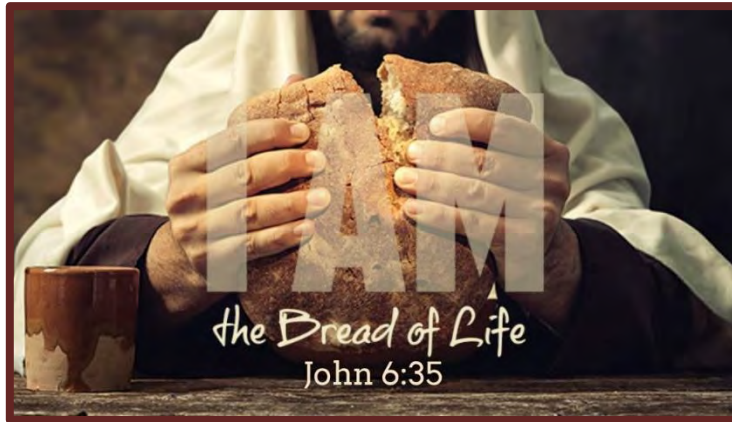
**RITE OF CHRISTIAN INITIATION  
OF ADULTS (RCIA)**

Mr. Cacao, Coordinator  
(516) 546-1057

**HUMAN SERVICES /  
THRIFT SHOP**

Mrs. Sullivan, Director  
(516) 868-8289

Mon Tue Thurs 10AM-1:30PM  
Sat. 11AM-3PM



## SACRAMENTAL LIFE

### MASS SCHEDULE

Saturday	Sunday	Weekday
9:00 AM	7:00 AM ✠ 8:00 AM (Sp.)	Monday – Friday:
5:00 PM	9:30 AM ✠ 11:30 AM	7:30 AM ✠ 12:10 PM
7:00 PM (Sp.)	1:30 PM (Sp.) ✠ 5:00 PM	Wed.: 7:00 PM (Sp.)
		First Fri.: 7:00 PM (Sp.)

**Sundays in Summer:** Mass on the Waterfront at 10:00 AM

### BAPTISM

Every 2<sup>nd</sup> & 4<sup>th</sup> Sunday of the Month at 3:00 PM

### CONFESSON/PENANCE/RECONCILIATION

Saturday: 1:30 PM - 2:30 PM  
Wednesday: 6:30 PM - 7:00 PM  
Friday: 4:00 PM - 5:00 PM or by appointment.

### MATRIMONY

Marriages MUST be arranged at least six months in advance.  
Please call one of our Priests at the Rectory to make an appointment.

✠ ✠

### PARISH TRUSTEES

Miss Jane Dengel  
Mr. Manolo Rodriguez

### FINANCE COMMITTEE

CHAIRPERSON  
Mr. Charles Shields III



**DEVOTIONS**

*Divine Mercy Chaplet*  
Every Friday after the  
12:10 PM Mass  
*Miraculous Medal Novena*  
Every Saturday after the 9:00  
AM Mass



**SOCIETIES**

*Legion of Mary*  
Sheila Walsh  
(516) 379-9028  
*Nocturnal Adoration Society*  
Jane Dengel  
(516) 379-2331



**ORGANIZATIONS**

*Catholic Daughters  
of the Americas*  
Cathy Cavanagh, Regent  
(516) 314-3494  
*Emmaus Group*  
Nieves Espinal  
(516) 884-2545  
*Juan Carlos Tejada*  
(516) 404-4087  
*Knights of Columbus*  
Paul Doyle, Grand Knight  
(516) 581-9188  
*Society of  
St. Vincent de Paul*  
Reynaldo F. Marine, President  
(516) 378-0665

*Rosary Makers*  
Diana Maza  
(516) 581-7103

### RECTORY OFFICE HOURS

Monday – Friday  
9:00 AM to 12:00 PM  
1:00 PM to 5:00 PM  
(516) 378-0665

**August 4, 2024, Eighteenth Sunday in Ordinary Time**

# FAITH AND THE HOLY SACRIFICE OF THE MASS

## OFFERINGS FOR THE WEEK OF MONDAY, AUGUST 5, 2024

### MASSES

**Monday, August 5**

7:30am † Ann Matthews  
 12:10pm † Rose Nicolino Goetz

**Tuesday, August 6, The Transfiguration of the Lord**

7:30am † William Francis Renz  
 12:10pm † Pat Malico

**Wednesday, August 7**

7:30am Sr. Marie Meghan Baldwin  
 12:10pm † George P. Brown  
 7:00pm † Omar Bonilla

**Thursday, August 8, Saint Dominic**

7:30am † Maria Del Carmen Torres  
 12:10pm † Arthur Boffardi

**Friday, August 9**

7:30am † Al Nespeca  
 12:10pm † Joann Wallace  
 7:30pm Saint Teresa Benedicta of the Cross Latin Holy Mass

**Saturday, August 10, Saint Lawrence**

9:00am † Lorraine Fricke  
 5:00pm For the Parishioners of Our Holy Redeemer/Freeport  
 7:00pm † Reynaldo Torres

**Sunday, August 11, NINETEENTH SUNDAY IN ORDINARY TIME**

7:00am † Laura Ann Marchese  
 8:00am † Deceased Members Holy Name Society  
 9:30am † Ramona Tiburcio; † Mary Blaney  
 10:00am † Mary Blaney (Waterfront Holy Mass)  
 11:30am  
 1:30pm † Encarnacion Menjivar  
 5:00pm Priest's Intention

### READINGS FOR AUGUST 11, 2024 Nineteenth Sunday in Ordinary Time

1st Reading  
**1 Kings 19:4-8**  
 Responsorial Psalm  
**Psalm 34**  
 2nd Reading  
**Ephesians 4:30—5:2**  
 Gospel  
**Saint John 6:41-51**

### MONTHLY ANOINTING OF THE SICK



**EVERY FIRST SUNDAY**  
**At the end of the 5 PM Mass**  
**FAITH AND HOLY MATRIMONY**  
**BANNS OF MARRIAGE**  
 NONE

**BREAD & WINE**

None Requested

**SANCTUARY CANDLES**

None Requested

† FOR HOLY MASS INTENTIONS, PLEASE VISIT THE RECTORY

**TABERNACLE FLOWERS**

None Requested

† *Para intenciones de Santa Misa, por favor, visite la rectoría*

Please remember the following individual(s) at the Altar of Our Holy Redeemer:

NAME: \_\_\_\_\_  Living  Deceased  
 OFFERING:  Bread & Wine (\$40.00)  Sanctuary Candles (\$33.00)  Tabernacle Flowers: \$60.00 (\$30.00 Each)  
 WEEK OF DATE: \_\_\_\_\_  
 AMOUNT SUBMITTED: \_\_\_\_\_  Cash  Check #: \_\_\_\_\_  
 OFFERED BY: (NAME): \_\_\_\_\_  
 ADDRESS: \_\_\_\_\_ TELEPHONE: \_\_\_\_\_



# + FAITH AND PRAYER +



Please continue to say your prayers for the following members of our Armed Forces:

Sgt. Benjamin Bonifacio, Cody Bonora, William J. Busch, Colin Byrne, Melissa Castillo, Lt. Frank Chavez, Anthony Costante, Sgt. Joseph Courtien, Tyler Daly, Juan Diaz, Sr. Medical Admin. Jennifer Dengel, Maureen Douglas, Gaven Doyle, Timothy Duffy, Ryan Dugan, Katelyn Ann Foster, RN, Joseph Gelling, Jr., Michael George Gonzalez, Jean Gurnwald, Susana Ladino, Corp. Gaelan Lynch, Sgt. Ramon Marrero, Lorraine Martin, PO 1st Class Matthew Martin, Pvt. Jack McKnight, John Mediate, Sgt. Kelvin O. Melara, Jose Molina, Jr., Airman 1st Class Jerome Miles, Cmdr. Colleen Minihan, Maj. Paul Minihan, Sargent William Mugno, CPO Floyd A. Rivera, Seaman Miguel Rodríguez, Raúl Rodríguez, Sgt. Sammy Rodríguez, Benjamin Rhodes, Edwin Sandoval, Doug Schambert, Paul Seiden, Luis Sic, Pvt. 1st Class Ashley Sumner, Sr. Airman Daniel C. Swensen, Lt. Col. David Talafuse, Lt. Col. John Talafuse, Maj. Thomas Talafuse, Corp. Daniel Vargas, Anthony Williams, Sgt. Maj. Lynroy Williams,

## Please Pray for



Louis Algero, Lorraine Avitabile, Anne Bouchereau, Daniel Arce, Gloria Arce, Kathleen Burnham, Maureen Carl, Giancarlo Lino Compoverde, Frank Conanan, Marie Dimanche, Maureen Douglas, Carol Estrema, Paul Fitzgerald, Kathy & Doug Fitzsimons, Amelia de la Fuente, Richard Feramisco, Yokasta Gonzalez, Xavier Gregg (child), Carla Griggs, Dora Guerrero, Evelyn Hernandez, Jonathan Hernandez, Juan Hernandez, Michael Holian, Baby Madeleine Hoover, Ed Kangeiser, Baby Braiden Lawrence Jeffers, Ed Kangesier, Brian Liranzo, Jose Liranzo, Rafael Lopez, Tanya Milo, Jose Martinez, Marta Martinez, Milton Martinez, Violeta Martinez, Linda Mcintosh Margaret Nadeau, Pat Nadeau, Clem Neville, Geraldine Neville, Mary Nugent, Samson G Paul, Ann Pereira, Mark Petrasek, Cathy Pomerico, Grant Purpura, Eviana Rose, Diane Rougier, Andres Sabando, Jonathan Sabando, Scott Stuhlinger, Donald Suchan, Anna Taglieri, James Taylor, Angelo Termini, Charlie Termini, Marybeth Termini, Vinnie Termini, Ana Tineo, Billie Trouard, Brendan Turner, Eileen Turner, Julianne Valot, Elaine Verity, Mary Walsh, Jennifer Walz, Kasey White, Lillian Wickman, Hope Wilson Mann and family, Melissa Young, all our sick brothers and sisters.

Please call the Rectory if anyone is in serious need of prayers. The names will remain our prayer list for four weeks.

**Thank you.**



**Please Pray for Our Beloved Deceased:**

*Juventino Arellano, Librada Mimita Fernández*



Please help Venerable Anthony Vincent Gallo join the ranks of the Canonized Saints

### *Pray for a Miracle*

for a suffering person through the intercession of the

### **Venerable Father Anthony Vincent Gallo**

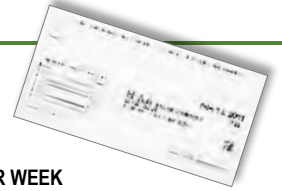
*Diocesan Priest, Oblate of the Congregation of the Priests of the Sacred Heart*

Montforte Irpino, 11 January 1899 – 2 May 1934

For more information please visit: [www.fathergallo.com](http://www.fathergallo.com)

# FAITH AND FINANCES

## OFFERTORY TOTALS



MASS	FIRST OFFERING JULY20/21, 2024	FIRST OFFERING JULY13/14, 2024	CURRENT WEEK ENVELOPES	PRIOR WEEK ENVELOPES
Automated Giving	\$ 1,130.22	\$ 1,052.92	34	33
Prior to Sunday	\$ 970.00	\$ 968.00	12	12
5:00 pm	\$ 951.00	\$ 839.00	21	19
7:00 pm	\$ 1,461.00	\$ 1,218.00	19	12
7:00 am	\$ 1,559.00	\$ 1,118.00	21	24
8:00 am	\$ 1,963.00	\$ 2,030.00	13	23
9:30 am	\$ 1,100.00	\$ 1,016.00	24	23
Waterfront-10:00 am	\$ 704.00	\$ 717.00	12	15
11:30 am	\$ 1,033.00	\$ 848.00	29	20
1:30 pm	\$ 2,349.00	\$ 2,567.00	29	25
5:00 pm	\$ 905.00	\$ 1,084.00	17	19
<b>TOTAL</b>	<b>\$14,125.22</b>	<b>\$13,457.92</b>	<b>231</b>	<b>225</b>

**2<sup>nd</sup> Collection Debt Reduction \$ 3,453.58**

**HOLY DAY OF OBLIGATION: August 15, 2024 Thursday The Feast of the Assumption**

**Next 2<sup>nd</sup> Collect: July 28, 2024 Church Air Conditioning**

**August 4, 2024 Debt Reduction**

**August 18, 2024 Maintenance & Repair**

### Current Catholic Ministry Appeal (CMA) Results!

**CMA Goal: \$84,800.00**

**Payments Received: \$22,644.00 (26.7% of Goal from 86 donations!)**

**Only \$62,156.00 or 73.3% to go**

**100% of every dollar raised is treated as restricted; to be used ONLY for:**

**Parish Outreach Programs; Respect Life; Vocations**

**If we reach our goal we will receive a rebate of up to 80% of the overage!!**

**2024 Eucharistic Revival Check out the following:**

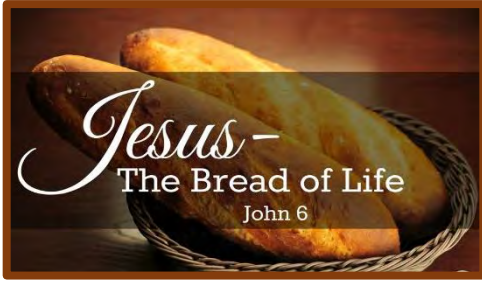
**FORMED**

**2024 Mass Book there are still over 200 Holy Mass Intentions available.**

**Please come to the rectory to have someone you know prayed for!**

**Adoration/Holy Hour is the Last Sunday of the month at 8:00pm**

## DEACON'S CORNER



“My Father gives you the true bread from heaven.” (See *John 6:24-35*) People today are interested in many things. They want many things. They work very hard to get these things. Yet, the one important thing, “the food that endures for eternal life” is often neglected, especially during the summer months. They would rather stay home or go to the beach, than come to Mass on Sunday as it is our obligation and great blessing. Why is this? Today’s readings show

very clearly that God is the Grand Provider. He provided for the Israelites of old and He provides for us today. What is more, in addition to our daily food, He provides heavenly bread, *the bread that endures for eternal life*. Do you really believe this? Do you have friends that stay home instead of coming to Mass every Sunday? Please, tell them what they are missing. God feeds us at Mass with “the true bread from heaven.” Invite them to come. Remind them that as St. Paul says in Ephesians it is only when we are fed with the Eucharist, “the true bread from heaven” that we can lay aside our way of life to be created anew in His image, “in righteousness and holiness of truth.”—See also *Exodus 16:2-4, 12-15* and *Ephesians 4:17, 20-24*.

*Deacon Cris*

## EL RINCÓN DEL DIÁCONO

“Mi Padre os da el verdadero pan del cielo” (Juan 6:24-35). Hoy en día, la gente está interesada en muchas cosas. Quieren muchas cosas. Trabajan muy duro para conseguirlas. Sin embargo, la cosa más importante, “el alimento que perdura para la vida eterna”, a menudo se descuida, especialmente durante los meses de verano. Prefieren quedarse en casa o ir a la playa, que venir a Misa el domingo, ya que es nuestra obligación y gran bendición. ¿Por qué es esto? Las lecturas de hoy muestran muy claramente que Dios es el Gran Proveedor. Él proveyó para los israelitas de la antigüedad y nos provee para nosotros hoy. Es más, además de nuestro alimento diario, Él provee el pan celestial, el pan que perdura para la vida eterna. ¿Realmente crees esto? ¿Tienes amigos que se quedan en casa en lugar de venir a Misa todos los domingos? Por favor, díles lo que se están perdiendo. Dios nos alimenta en la Misa con “el verdadero pan del cielo”. Invítalos a venir. Recuérdeles que, como dice San Pablo en Efesios, solo cuando somos alimentados con la Eucaristía, “el verdadero pan del cielo”, podemos dejar de lado nuestro modo de vida para ser creados de nuevo a Su imagen, “en la justicia y santidad de la verdad”. Véase también *Éxodo 16:2-4, 12-15* y *Efesios 4:17, 20-24*.

*Diácono Cris*

# FAITH AND EDUCATION

SCHOOL'S IN: DRIVE CAREFULLY (both on and off the road)



## NEWS FROM THE DE LA SALLE SCHOOL (516) 379-8660

The De La Salle School—Catholic Lasallian School for young men *Grades 5-8*

A Catholic education is unlike any other learning experience, and The De La Salle School is a gem among Catholic schools. We educate to develop the whole child, and to cultivate the entire person by engaging the human need for physical, mental, social, and spiritual nourishment. At The De La Salle School, we strive to meet these needs while considering the underserved communities of our beautiful Long Island. We provide opportunities to families that could not afford traditional Catholic schools.

*“Let it be known to all who enter The De La Salle School that Jesus Christ is the reason for our school, the unseen but ever-present teacher in all its classes, the model of its faculty, and the inspiration for its students.”*

Please remember that we are in the recruitment season. If you know of any young men who would benefit from attending our program, please reach out to the school for a visit and tour 516-379-8660.

### Summer Office Hours -\*\*\*Closed on Fridays\*\*\*

- June 17 through July 25
  - 9:00-12:00

### Office Closed for vacation

- July 29 through August 16

### Office Reopens -\*\*\*Closed on Friday\*\*\*

- Monday, August 19 – Thursday August 22
  - 9:00-12:00

### Office open for full office hours

- Monday, August 26
  - 9:00-3:00

*Roxanna De Peña-Elder*

**Register your child/children NOW for the 2024/2025  
Faith Formation Year!**

**Please contact the Faith Formation office for more details  
516-546-1057**



**REGISTRATION IS OPEN**



## Pastor's Message

AUGUST 4, 2024

My Grandmother: Anna Griffith, my mom's mother, was from Country Caven in Ireland and migrated to the USA as a young woman seeking a better life. My grandmother Anna was a deeply religious woman, very Catholic, went to daily mass. Even though she did not have much education she was very smart and spent her life raising her family. Anna Griffith was also a great cook who had the NEED TO FEED PEOPLE—it was in her genetic composition. She always had something on the stove either heating or simmering. She was in her glory when she was feeding people.

Our Lord at his Last Supper knew he had to give his Apostles something, something of himself so they stay together. So, he gives them his body and blood. He feeds them. Table fellowship was very important in our Lord's ministry. So, it was very natural that he fed them his body and blood. Jesus, in his humanity and divinity had this same quality: the need to feed his children. In the Eucharist Jesus feeds us, the Eucharist is the glue that keeps us together, it she table fellow ship and keeps our Spiritual Family together and feeds us. -Jesus wants to satisfy our hunger for: justice, peace, an end to poverty,...

**I.-- We continue with the Bread of Life Discourse which runs the entire chapter 6 in John's gospel.**

**LAST WEEK:** we had the multiplication of the Bread and Fish and the feeding of the 5,000 men. (this miracle appears SIX TIMES in the 4 Gospels--- so it was very significant for the early Christian community)

-- John's Gospel has no INSTITUTION NARRATIVE, the words of consecration at mass, so this is the Eucharist for his gospel. Jesus invites the people to sit down on the grass>>>an allusion to Psalm 23 (Verdant Pastures). They are up on a Mountain, which symbolizes Jesus as the New Moses.

The boy who has 2 fish and 5 Barley loaves and he gives all that he has. The boys giving of the loaves and fish is a paradigm for ministry and reciprocal ministry. Ministry works like this:

--All that we have and all that we are come from God. When we offer even the little we have to God to help others, God gives us back so much more. God multiplies what we have given him. Mother Theresa is a perfect example.



--OUR LORD invites us to become instruments in HIS hands by sharing our blessings with others. Miracles can happen through our hands, when we collect and distribute to the needy the food destined for all by our generous God.

However, after the feeding of the 5,000 the people are CAUGHT UP IN WHAT JESUS CAN DO FOR THEM (the Signs and Miracles) RATHER THAN WHO HE IS-- THEY DON'T SEE HIM AS THE MESSIAH.

-Jesus tries to teach the people: that he himself is the bread that has come from heaven; not the magic provider of everything they want, but the genuine source of all that they need.

II.-- A. In the First reading today from the **Book of Exodus**: the people are complaining God has led them out into the dessert and there is no food. So, he provides them with: **Manna, Quail, and Water** (The food basics: carbs, protein, and H2O). The Israelites will complain even about this food.

**Moses proclaims, "This is the bread that the Lord has given you to eat."** Centuries later the Hebrews will fondly look back at those years in the desert when the Lord loved them and taught them to rely on God for their daily bread.

**Manna** (literally meant What is It?): was a secretion of INSECTS that ran down a leaf and solidified and crystalized (in the cool dessert morning) and formed a PATTY when it hit the ground. However, in the mid-day heat it would LIQUIFY again and then disappear. This is why they could only collect what they needed for the DAY (give us this day our DAILY BREAD) and UTTER RELIANCE ON GOD. The manna was given to them by God.

**Quail**: Large Flocks of Quail migrated across the Mediterranean Sea. When they reached the other side, they were so exhausted they just dropped from the sky—so they were easy to catch for food.

Even though this food can be explained as naturally occurring phenomena—the FAITHFUL STILL SAW GOD'S HAND IN IT AND ATTRIBUTED THEIR NOURISHMENT TO GOD ALONE.

**B. In the Gospel today**: Jesus is challenging all those who had their fill (and want to make him a Prophet/King so he can continue to feed them) TO BELIEVE IN HIM AS THE BREAD OF LIFE. He wants them to look beyond the signs/miracles and to accept him as one sent from God to give life to the world.

--He says: "I AM THE BREAD OF LIFE" ; whoever comes to me will never hunger, and whoever believes in me will never thirst."

--the "I AM" statements in John are reminiscent of God's answer to Moses on Mt. Sinai. (Exodus 3:14) I AM WHO AM.

-- Jesus is offering as food, the gift of himself, his teaching, his preaching, his miracles, his very body and blood given up in sacrifice.

III.-- How does the Eucharist FEED US? What are the effects?

- a) Eucharist forgives venial sin
- b) Spiritually strengthens us to build up our Lord's Kingdom
- c) Binds us in INTIMATE COMMUNION with our Lord; --WE BECOME MORE LIKE HIM
- d) Binds us in INTIMATE COMMUNION with His Body the Church.

--By saying AMEN we are saying I BELIEVE, we are saying 2 things:

- 1) I am consuming MY LORD'S BODY AND BLOOD
- 2) I will allow the BODY AND BLOOD OF MY LORD TO Transform ME-- so that over TIME I WILL BECOME MORE LIKE HIM

--Many came **seeking** Jesus, but they didn't want to **follow** him.

-- They called him "Rabbi," but they refused to be taught.

--They clamored after bread, but they did not want to be nourished as Jesus intended.

--They were willing to work for food that would perish, but Jesus challenged them and their hungers to strive for food that gives eternal life.



**OUR HOLY REDEEMER ROMAN CATHOLIC CHURCH**  
37 SOUTH OCEAN AVENUE FREEPORT, NEW YORK 11520 (516) 378-0665



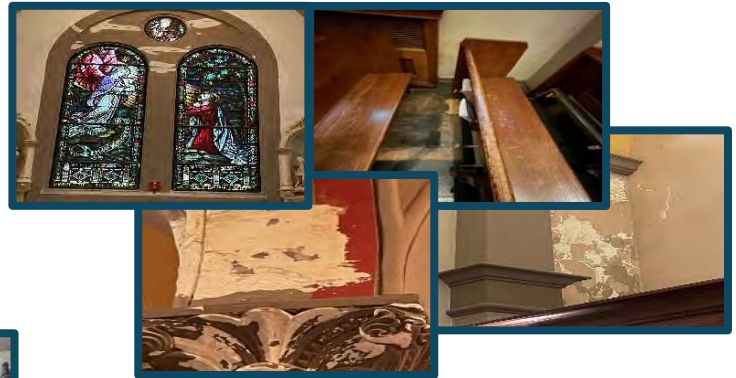
**PRELIMINARY CASE STATEMENT**

For many years, Our Holy Redeemer Parish has welcomed all who walk through its doors, educating the Catholic community with the knowledge and love of God and of the Gospel. Our beloved church has adapted and expanded to the needs of parishioners in order to remain a thriving oasis of faith and community.

Today we find ourselves in an exciting moment in our parish's history. As we look forward to the future, we recognize the need to renovate our church and school. The proposed necessary projects for the church and school have been carefully identified.

**CHURCH INTERIOR - \$623,731**

- Repair interior walls and floors that were damaged before the roof replacement, by rainfall and faulty HVAC system.
- Refinish kneeling pads and pews.



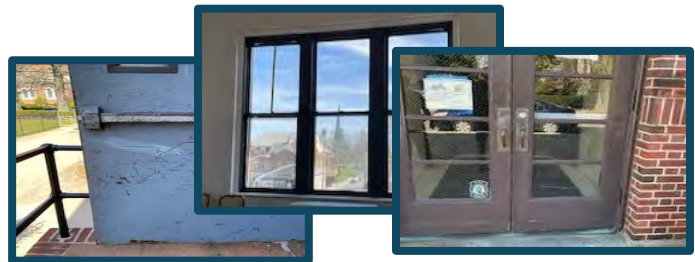
**SCHOOL ROOF - \$166,100**

- Replace the roof to prevent damage to the 100 years old front and main body of the school building.

**SCHOOL**

**WINDOWS AND DOORS - \$453,525**

- Replace and upgrade the 40-year-old, worn out and rusted, original doors and windows.



**SCHOOL AIR CONDITIONING (BASEMENT) - \$68,000**

- Replace the current air conditioning unit that has reached its life expectancy at over 25 years old, to ensure proper cooling of the meeting rooms in the school basement.

**Preliminary Capital Campaign Goal is to raise \$1,311,356.00**

*ONE CHURCH, ONE FAITH, ONE BODY, ONE FAMILY*

Because of the Parish Picnic, Coffee and Bread  
Will **not be available** in the lower church

On Sunday August 11, 2024

Comeback and break bread  
with your fellow parishioners again  
every Sunday from August 18, 2024  
8:00 AM to 3:30 PM



Debido al Picnic Parroquial el Café y Pan  
**No estará disponible** en la iglesia inferior

El Domingo 11 de Agosto de 2024

Podrás volver a compartir con tus compañeros  
feligreses todos los domingos a partir del  
18 de Agosto de 2024  
de 8:00 AM a 3:30 PM

Coffee Fellowship Committee/Comité de Compañerismo de Café



**Calling All Senior Parishioners (65 and older) to a Special Seminar!**  
**Interested in Lowering your Taxes?**

Our own Parish Finance Council Chairman,  
Charles J. Shields III, CPA, CFE,  
invites you to a

**Free Seminar**

**“Saving Taxes on your RMD (Required Minimum Distribution)”**

**September 17, 2024**

**2:00 – 4:00 PM**

**Lower Church**



If you are planning to attend, please send me your name, address, telephone number and email address to [cjscpa@optonline.net](mailto:cjscpa@optonline.net). Or fill in and return to the Rectory the cut-off below. You can also drop it in the Collection plate. You must be registered to attend.



**NAME** \_\_\_\_\_

**ADDRESS** \_\_\_\_\_

**TELEPHONE #** \_\_\_\_\_ **EMAIL ADDRESS** \_\_\_\_\_

# THE BREAD OF LIFE



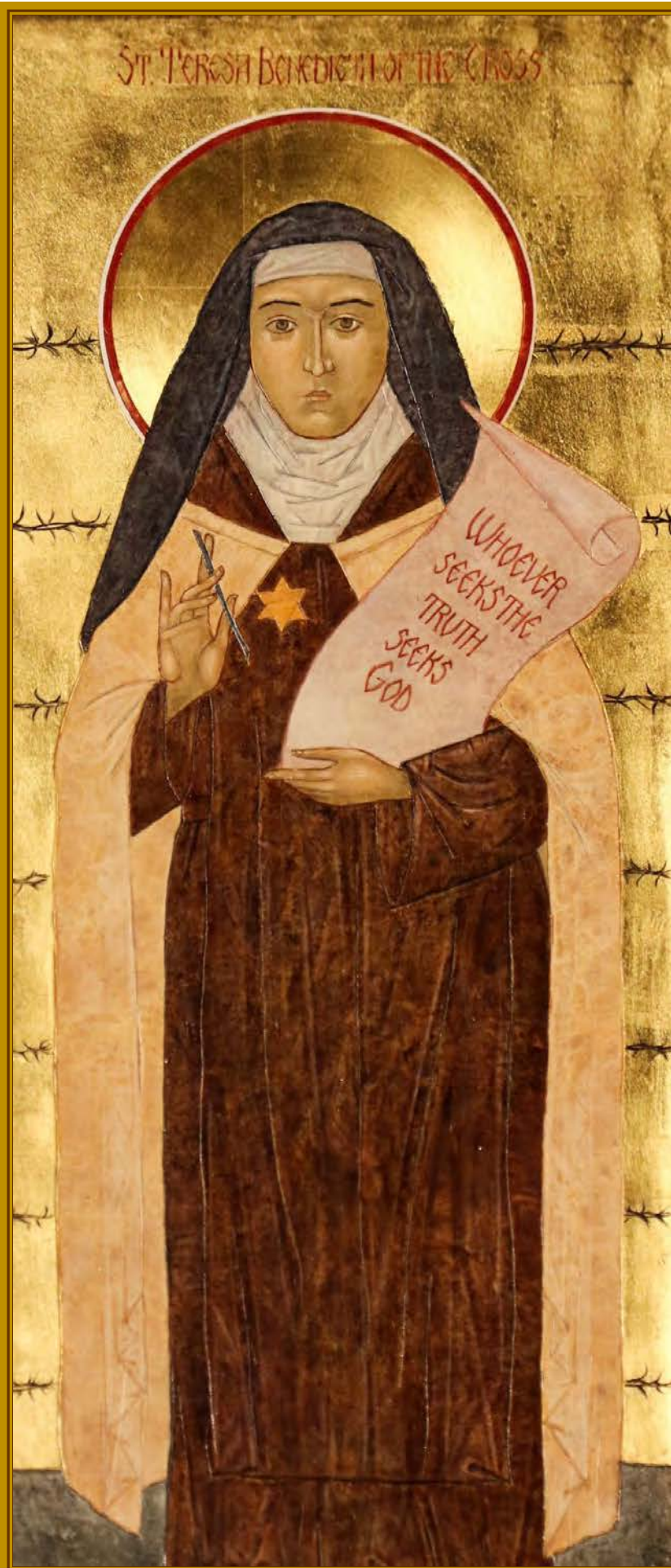
Jesus said to them, "Amen, amen, I say to you, it was not Moses who gave the bread from Heaven, My Father gives you the true Bread from Heaven. For the Bread of God is that which comes down from Heaven and gives life to the world." So they said to Him, "Sir, give us this Bread always." Jesus said to them, "I am the Bread of Life; whoever comes to Me will never hunger, and whoever believes in Me will never thirst."

—Saint John VI: 32-35—

**Directions:** Find the words below from today's Scripture reading in the puzzle. Words can go horizontally, vertically, and diagonally in all directions (as shown).

- |            |                  |
|------------|------------------|
| ACCOMPLISH | FOUND            |
| ACROSS     | HEAVEN           |
| ANCESTORS  | HUNGER           |
| ANSWERED   | JESUS            |
| BELIEVE    | LIFE             |
| BOATS      | LOOKING          |
| BREAD      | <del>NEVER</del> |
| CROWD      | PERISHES         |
| DISCIPLES  | SIGNS            |
| ENDURES    | THEMSELVES       |
| ETERNAL    | THIRST           |
| FATHER     | WHOEVER          |
| FILLED     | WORKS            |
| FOOD       | WORLD            |

B	D	W	R	S	A	C	C	O	M	P	L	I	S	H
O	O	H	N	P	F	N	A	L	R	D	W	O	R	C
A	O	O	N	S	E	E	N	P	O	E	L	M	B	U
T	F	E	J	V	E	P	C	M	D	O	H	R	B	T
S	H	V	A	Y	K	H	E	I	T	N	K	T	O	R
U	I	E	W	T	B	W	S	S	F	O	U	I	A	W
S	H	R	M	R	H	C	T	I	Z	J	K	O	N	F
E	F	P	E	S	I	I	O	G	R	C	S	E	F	G
J	T	A	Q	P	E	D	R	N	Z	E	S	V	H	E
A	D	G	L	N	C	L	S	S	R	D	P	E	F	W
E	T	E	R	N	A	L	V	U	T	E	F	I	L	I
S	S	O	R	C	A	K	D	E	B	L	L	L	V	R
D	E	R	E	W	S	N	A	H	S	L	C	E	W	H
J	H	U	N	G	E	R	B	K	P	I	E	B	V	X
N	E	V	E	R	S	K	R	O	W	F	V	M	G	Z



**Sung Mass  
Saint Teresa Benedicta  
of the Cross  
(Edith Stein)  
Friday, August 9, 2024  
7:30 P.M.**

**Misa Cantada  
Santa Teresa Benedicta  
de la Cruz  
Viernes, 9 Agosto 2024  
7:30 P.M.**

*"For by doing what God demands of us with total surrender of our innermost being, we cause the divine life to become our own inner life."*

**Our Holy Redeemer  
Roman Catholic Church  
37 South Ocean Avenue  
Freeport, New York 11520**

## Purgatorial Society Remembrances August 2024

**Bishop Paul H. Walsh**

**Rev. Msgr. James M. McDonald Msgr. Donald T. Bennett**

**Albert Carlsen**

**Albert Chimeri**

**Albert Stoessel**

**Andrew Stoessel**

**Ernest Stoessel, Sr.**

**Ernest Stoessel**

**George Fischer**

**George P. Brown**

**Geraldine King**

**James H. Gray**

**Janene M. Suchan**

**John J. Keegan**

**Joseph Keegan**

**Justin Michael Perez**

**Immaculate Heart of**

**Mary, pray for us.**

**May the souls of the  
faithful departed rest in  
peace. Amen.**



**Laura Ann Marchese**

**Maria Keegan**

**Marie Gilreath**

**Marie V. Weiss**

**Mark Kojamanian**

**Michael Christopher Eklund**

**Patrick Keegan**

**Roman (Frank) Newman**

**Rose Stoessel**

**Silas Rosales**

**Thomas Keegan**

**Thomas J. Suchan**

**William E. Suchan Jr.**

**William R. Suchan**

**For the deceased members of the Gengler, Wright and Beberian Families**

**Each month all names submitted and received in time will be prayed for at Mass. In addition, the names will be proclaimed on the last 9am Saturday Mass of the month.**

**All names received by August 23, 2024 will be enrolled for September 2024.**

**The donation is \$20 per name**

**Please print clearly**

**Name to be enrolled: \_\_\_\_\_**

**Your name: \_\_\_\_\_**





**Our Holy Redeemer**  
**PARISH FAMILY PICNIC**

**Sunday, August 11**

**Waterfront Park**  
So. Long Beach Avenue, Freeport

**Park is reserved from 10 a.m. - 6 p.m.**

Invite your family & friends and bring your food, drinks,  
blanket and chairs.  
Barbeque grills will be available.

**MUSIC**  
**ACTIVITIES**  
**GAMES**  
**RAFFLES**  
**GOOD FELLOWSHIP**

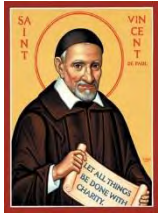


**El parque estará reservado de 10am a 6pm.**

Invita a tu amigos y familia. Trae tu comida, bebidas,  
sillas y cobijas.  
Habrá parrillas disponibles.

**MÚSICA**  
**ACTIVIDADES**  
**JUEGOS**  
**RIFAS**  
**BUENA COMPAÑÍA**





## THE FREEPORT CONFERENCE OF SAINT VINCENT DE PAUL

*The St. Vincent de Paul Society is a Catholic lay organization that directly helps our neighbors in need. It is a person-to-person ministry of encounter that tries to see the face of Christ in the faces of those who are suffering financial hardship. It is a Gospel response to assist our brothers and sisters through the Corporal and Spiritual Works of Mercy.*

*Please call the Rectory and leave your name if you would like to help with this work.*

*Please Come Home and Pray with*

## THE LEGION OF MARY



*The worldwide Legion of Mary has been called "a miracle of these modern times."*

*The Legion of Mary is an association of Catholic laity who serve the Church on a volunteer basis. Today, between active and auxiliary (praying) members, there are more than 10 million worldwide, making it the LARGEST apostolic organization of lay people in the Catholic Church!!!*

**PLEASE JOIN US**

*For more information, please call  
Sheila Walsh at (516) 379-9028*

## KNIGHTS "KORNER"



**ARCHBISHOP MOLLOY COUNCIL #1974**

*If you would like to be a part of an international organization of more than 1.8 million Catholic men whose principal work involves helping others in need, then we would like to meet you and invite you to join us.  
For more information, please call*

*Paul Doyle, Grand Knight  
@ 516 581-9188*

## THE CATHOLIC DAUGHTERS OF THE AMERICAS



*There is a great group of women who have been meeting here in the Parish for more than 80 years The Catholic Daughters of the Americas is a way for all women to enhance their spiritual and emotional growth. We are open to all Catholic women 18 years and older. We are ready to restart our meetings on the 2nd Monday every month from 7-9 pm in the church basement.  
For more information, please contact*

*Theresa Duran, Regent  
@ 516-298-2672*



**El Ministerio de los niños,  
Ángeles de la Virgen del  
Rosario**

Lo invita a Ud. padre de familia a ingresar a su hijo a participar en el Coro de los niños y cantar las alabanzas

en la Misa que como Ministerio les corresponde; en hacer el Rezo del Santo Rosario; en proclamar la palabra; en celebrar las Posadas y en muchas actividades parroquiales. Su niño debe tener 6 años de edad para su ingreso. Para más información puede comunicarse con hermanas Damaris Salcedo 516 225-7945 y Dinora Sánchez 516 457-4680, quienes con mucho gusto le atenderemos y les daremos más información. ¡Que el Señor les bendiga!



**Ultreya**

Nos reunimos todos los miércoles a las 7:30 de la noche en el sótano de la Escuela. Para más información comuníquese con nuestra vocal: Blanca Peralta al 516-1325-3487.

**Lecturas para el 11 de Agosto de 2024  
XIX Domingo del Tiempo Ordinario**

**Primera Lectura: 1 Reyes 19, 4-8**

**Salmo Responsorial: Salmo 33**

**Segunda Lectura: Efesios 4, 30—5, 2**

**Evangelio: San Juan 6, 41-51**

**El Grupo Señor  
de las Misericordias**

Esperamos comenzar a reunirnos pronto. De modo que estén al tanto



De un anuncio oficial en un Boletín muy próximo. Estamos muy ansiosos de volver a reunirnos con todos ustedes.

*¿Le gustaría servir en el  
Ministerio de Hospitalidad  
de la Iglesia?*



Lo invitamos a unirse a nuestro grupo. Si desea más información, por favor, llame a Carlos Portillo al 516-849-4568 o a Elmer Vásquez 516-395-7389.



**Grupo de Jóvenes  
Adultos Creciendo en  
Cristo**

Estamos muy deseosos de volver a reunirnos con todos ustedes. Para más información:

Estén al tanto de próximos anuncios en el Boletín. Pueden llamar a Armando Vásquez al (516) 590-5403

**¡Urgente Llamado a los Monaguillos!**

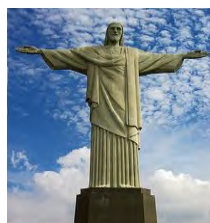


¿Te gustaría ayudar a servir en el altar? ¿Por qué no unirse al creciente grupo de jóvenes que ayudan al Sacerdote en nuestro Altar? Si estás interesado, y tus padres están de acuerdo, llama al Padre Carlos al 516-378-0665. Si él

no está disponible, déjale un recado con tu nombre y teléfono y él o un delegado te llamará. El primer paso es recibir instrucción para que sepas lo que tienes que hacer y las primeras veces que sirves te acompañará otro servidor con experiencia que te ayudará a hacer lo que debes hacer. De modo, que ¡manos a la obra!

**Grupo Santo Redentor**

El Grupo de Oración Carismático Santo Redentor se reúne todos los martes de cada mes, de 6:30 PM a 9:00 de la noche.



Para más información por favor llame a la coordinadora del grupo: Angela Barillas. 516-943-8137.



**El Grupo Carismático Cristo**

**Vive se reúne todos los  
domingos de 6:30 PM a 9:00  
PM. Si tiene preguntas, llame al  
Coordinador: José Flores  
(516) 902-2419**

# Hungerford & Clark

"Proudly serving the Freeport community and Our Holy Redeemer Parish for over 80 years"  
Info@HungerfordClark.com

**FUNERAL HOME**  
110 Pine Street, Freeport, N.Y. 11520  
(Opposite Our Holy Redeemer Church)  
**(516) 379-3119**  
Michael Carpinone • Carmine Carpinone  
Lincoln McLean, Miguel Arias, Sapphire Edwards

Se Habla Espanol  
*Affordable Funerals & Cremations*  
www.HungerfordAndClark.com  
Fax: 516-868-6961  
Freeport Residents & Parishioners

**Pizza, Calzones, Heroes, Panini**  
Catering for All Occasions



Voted the Best Pizza On Long Island

"For the Best Pizza, Homecooked Food & Catering!"  
**516-378-4379**  
187-A W. Merrick Rd., Freeport  
\$1 OFF Any Large Pizza With this Ad



**Ocean Financial Federal Credit Union**  
*Catholic Values You Can Bank On™*

Scoop up a sweet savings rate!

6-Month Certificate  
**5.00% | 5.11%** APY\*

Ask us about it today!  
OceanFinancial.org  
516.620.8100 • 833.642.1645  
FEDERALLY INSURED BY NCUA

\*APY=Annual Percentage Yield. Rate effective as of 12/18/2023. Rates and terms are subject to change without notice. \$500 minimum deposit required to open Certificate.

**Eartley West, CBR**  
Licensed Real Estate Sales Person  
C: 516-382-0312 • O: 516-809-1000  
Ewest@cbamhomes.com  
55 Merrick Ave., Merrick

**Dr. Orkideh Naghavi, D.M.D.**  
Cosmetic & Family Dentistry  
140 South Long Beach Avenue  
Freeport, N.Y. 11520  
**516-378-3767** by Appt.  
www.freeportdentalcare.com

**GALA FOODS**  
SUPERMARKET

"New name, beyond comparison!"  
"Nuevo nombre, incomparable como siempre!"

120 N. Main St., Freeport 111 W. Merrick Rd., Freeport  
**(516) 546-8033 (516) 223-8486**

**10% Senior Discount on Wednesday**  
**Veteran Discount on Thursday**  
*Excluding sale items, metrocards, phone cards and beer*  
www.galasupermarkets.com

South Nassau Eye Care  
Dr. Christopher Gentile  
Dr. Valerie Giangrande  
**Optometrists**  
Comprehensive Vision Care  
Eye Exams-Prescriptions Filled  
By Appointment  
21 W. Merrick Rd., Freeport  
Phone: 516-379-4041

Do You Need to Have Your Hair and Nails Done by Licensed Cosmetologist in Your Home?  
Elderly, Disabled, or Home Bound  
Call Ginny  
**516-867-1866**  
Apts Available Reasonable Rates

STATE FARM INSURANCE  
**KEN DOOKRAM CLU LUTCF, AGENT**  
Bus. (516) 378-4466  
49 West Merrick Rd., Freeport  
ken.dookram.svjv@statefarm.com

**Hartnett FUNERAL HOME**  
561 JERUSALEM AVENUE, UNIONDALE, NY 11553  
Family Owned and Operated Since 1922  
**516.483.9288**

**Two Cousins Fish Market**  
255 Woodcleft Avenue, Freeport **379-0793**  
on Freeport's Nautical Mile - Parishioners

**TOP QUALITY SEAFOOD**  
Live Lobsters - Live Crabs  
Fresh Clams • All Size Shrimps  
Fresh Cut Fillets • Clam Bakes  
Boat Arrives Daily  
Open 7 Days

Personalized **Primary Care** for **YOU** throughout Long Island



To schedule an appointment, call  
**(866) MY-LI-DOC**  
(866-695-4362)

**Catholic Health**  
LONG LIVE LONG ISLAND™

Celebrating **95 YEARS**  
**ATLANTIC**  
NURSERY • GARDEN SHOP • LANDSCAPING  
www.atlanticnursery.com  
250 Atlantic Avenue, Freeport  
(516)378-7357

**ALLYN N.Y., INC.**

**OIL HEAT SERVICE**  
**(516) 379-2727**

• Cap Pricing • COD Available • Full Service • Installations  
**WWW.ALLYNSERVICES.COM**

Abortion? There *is* a better solution.

**LIFE OUR FIRST RIGHT...**  
without which **NO OTHER** rights exist!  
Long Island Coalition for Life Educational Trust  
Pro-life Resources, Post-Abortion Healing Information

ProLifeLI.org or 631.243.1435

Pregnancy options: 631-243-0066 (24/7)  
**AAAPregnancyOptions.org**



**CHOOSE LIFE!**

For confidential assistance with your pregnancy and for information about alternatives to abortion, please call:

- ♥ Birthright: (516) 785-4070  
[www.birthright.org](http://www.birthright.org)
- ♥ The Life Center: (516) 408-6300  
[www.aapregnancyoptions.org](http://www.aapregnancyoptions.org)
- ♥ Momma's House: (516) 781-8637  
[www.mommashouse.org](http://www.mommashouse.org)
- ♥ Regina's Residence: (516) 223-7888  
[www.catholiccharities.cc/reginasresidence](http://www.catholiccharities.cc/reginasresidence)

**BABY'S LIFE BEFORE BIRTH**

- ♥ My heart is beating at 18 to 25 days.
- ♥ The foundation for my nervous system is in place at 20 days.
- ♥ My skeleton is complete at 42 days and I have reflexes.
- ♥ My brain waves can be detected as early as 43 days.
- ♥ At 8 weeks my brain and all body systems are present and I look like a miniature doll.

- ♥ During weeks 9 and 10 I squint, swallow and can make a fist.
- ♥ By the 11th and 12th weeks I am moving my arms and legs, sucking my thumb and breathing amniotic fluid. All my systems are working.
- ♥ My movements by 16 weeks are quite active and I can be seen performing somersaults on ultrasound but am not yet felt by my mother.
- ♥ From the 3rd month on nothing new develops. I continue to grow in size and by 20 weeks I have hair on my head, weigh 1 pound and am 12 inches tall.