



Holy Hour

Every last Sunday of the Month at 8:00 PM in church

OUR HOLY REDEEMER ROMAN CATHOLIC CHURCH

ONE PARISH, ONE FAMILY, ONE BODY, ONE CHURCH

✠ A PERPETUAL ADORATION PARISH ✠

37 SOUTH OCEAN AVENUE ✠ FREEPORT, NEW YORK 11520

TELEPHONE: (516) 378-0665 ✠ E-MAIL: OHR37@OPTIMUM.NET ✠ WEBSITE: OHRFREEPORT.COM



The Most Holy Rosary

Every Saturday at 8:30 AM and Every Third Friday at 7:30 PM



PASTOR

Rev. Christopher Nowak
P Christopher Nowak = Facebook
crisosa@aol.com = e mail

ASSOCIATE PASTOR

Rev. Carlos Mario Urrego
Rev. Thomas Acheampong

Rev. Frank Addey
Chaplain: NUMC in Residence

DEACONS

Deacon Bruce Burnham
Deacon Cristobal Sanchez



BUSINESS OFFICE

Miss Kathleen Weston
Pastoral Business Associate

MUSIC MINISTRY

Mr. Petkov, Director

FAITH FORMATION

Mrs. Stuhlinger, Coordinator
Mr. Cacao, Associate Coordinator
(516) 546-1057

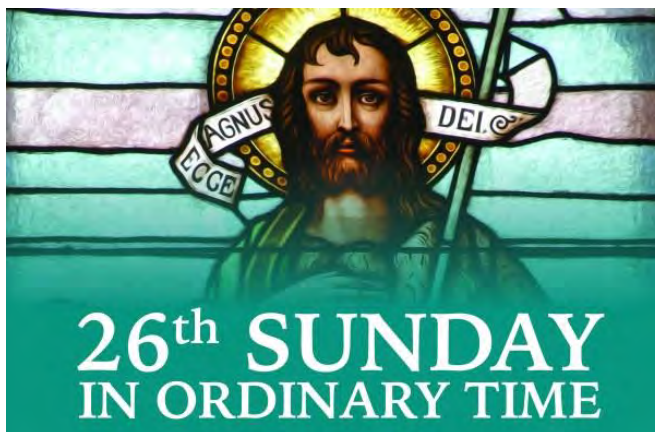
RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)

Mr. Cacao, Coordinator
(516) 546-1057

HUMAN SERVICES / THRIFT SHOP

Mrs. Sullivan, Director
(516) 868-8289

Mon Tue Thurs 10AM-1:30PM
Sat. 11AM-3PM



SACRAMENTAL LIFE

MASS SCHEDULE

Saturday	Sunday	Weekday
9:00 AM	7:00 AM ✠ 8:00 AM (Sp.)	Monday – Friday:
5:00 PM	9:30 AM ✠ 11:30 AM	7:30 AM ✠ 12:10 PM
7:00 PM (Sp.)	1:30 PM (Sp.) ✠ 5:00 PM	Wed.: 7:00 PM (Sp.) First Fri.: 7:00 PM (Sp.)

Sundays in Summer: Mass on the Waterfront at 10:00 AM

BAPTISM

Every 2nd & 4th Sunday of the Month at 3:00 PM

CONFESSION/PENANCE/RECONCILIATION

Saturday: 1:30 PM - 2:30 PM
Wednesday: 6:30 PM - 7:00 PM
Friday: 4:00 PM - 5:00 PM or by appointment.

MATRIMONY

Marriages MUST be arranged at least six months in advance.
Please call one of our Priests at the Rectory to make an appointment.



PARISH TRUSTEES

Miss Jane Dengel
Mr. Manolo Rodriguez

FINANCE COMMITTEE

CHAIRPERSON
Mr. Charles Shields III



DEVOTIONS

Divine Mercy Chaplet
Every Friday after the 12:10 PM Mass
Miraculous Medal Novena
Every Saturday after the 9:00 AM Mass



SOCIETIES

Legion of Mary
Sheila Walsh
(516) 379-9028
Nocturnal Adoration Society
Jane Dengel
(516) 379-2331



ORGANIZATIONS

Catholic Daughters of the Americas
Theresa Duran, Regent
(516) 298-2672
Emmaus Group
Nieves Espinal
(516) 884-2545
Juan Carlos Tejada
(516) 404-4087
Knights of Columbus
Lincoln McLean, Grand Knight
(516) 448-4446
Society of St. Vincent de Paul
Reynaldo F. Marine, President
(516) 378-0665

Rosary Makers

Diana Maza
(516) 581-7103

RECTORY OFFICE HOURS

Monday – Friday
9:00 AM to 12:00 PM
1:00 PM to 5:00 PM
(516) 378-0665

September 29, 2024, Twenty-sixth Sunday in Ordinary Time

FAITH AND THE HOLY SACRIFICE OF THE MASS

OFFERINGS FOR THE WEEK OF MONDAY, SEPTEMBER 30, 2024

MASSES

Monday, September 30, Saint Jerome

7:30am Nocturnal Adoration Society
 12:10pm Intentions of Nora Rhea Weston

Tuesday, October 1, Saint Therese of the Child Jesus

7:30am Intentions of Altagracia Vargas and Family
 12:10pm † Pat Tropea

Wednesday, October 2, The Holy Guardian Angels

7:30am Intentions of Altagracia Vargas and Family
 12:10pm † Anita Helfst

7:00pm † Geronimo and Digna Rodriguez

Thursday, October 3

7:30am Intentions of Altagracia Vargas and Family
 12:10pm Intentions of Braiden Lawrence Jeffers

First Friday, October 4, Saint Francis of Assisi

7:30am Living and † Deceased Members of the Dengel Family
 12:10pm Intentions of Joseph de Domenico

First Saturday, October 5

9:00am † Jack Weston
 5:00pm † Deceased Members of the Catholic Daughters of the Americas
 7:00pm In Thanksgiving to Blessed Virgin Mary, St. Michael and St. Jude; † Oscar L. Serran; † Maximo Moore Nunez; & † Dinorah Pimentel

Sunday, October 6, TWENTY-SEVENTH SUNDAY IN ORDINARY TIME

7:00am Parishioners of Our Holy Redeemer / Freeport
 8:00am † Blanca Rosales
 9:30am † Deceased Members of the Knights of Columbus
 11:30am Intentions of Mr. & Mrs. Joseph de Domenico (Anniv)
 1:30pm † Ygnacio Ynoa Santos
 5:00pm Priest's Intention

READINGS FOR OCTOBER 6, 2024
Twenty Seventh Sunday in Ordinary Time

1st Reading
Genesis 2:18-24
 Responsorial Psalm
Psalm 128
 2nd Reading
Hebrews 2:9-11
 Gospel
Saint Mark 10:2-16

MONTHLY ANOINTING OF THE SICK



EVERY FIRST SUNDAY
At the end of the 5 PM Mass

FAITH AND HOLY MATRIMONY
BANNS OF MARRIAGE
II. JOSE RAUL FLORES VANEGAS & GLENDYS LETICIA ARRIAZA RAMOS

BREAD & WINE

None Requested

SANCTUARY CANDLES

None Requested

† FOR HOLY MASS INTENTIONS, PLEASE VISIT THE RECTORY

TABERNACLE FLOWERS

None Requested

† *Para intenciones de Santa Misa, por favor, visite la rectoría*

Please remember the following individual(s) at the Altar of Our Holy Redeemer:

NAME: _____ Living Deceased
 OFFERING: Bread & Wine (\$40.00) Sanctuary Candles (\$33.00) Tabernacle Flowers: \$60.00 (\$30.00 Each)
 WEEK OF DATE: _____
 AMOUNT SUBMITTED: _____ Cash Check #: _____
 OFFERED BY: (NAME): _____
 ADDRESS: _____ TELEPHONE: _____



+ FAITH AND PRAYER +



Please continue to say your prayers for the following members of our Armed Forces:

Sgt. Benjamin Bonifacio, Cody Bonora, William J. Busch, Colin Byrne, Melissa Castillo, Lt. Frank Chavez, Anthony Costante, Sgt. Joseph Courtien, Tyler Daly, Juan Diaz, Maureen Douglas, Gaven Doyle, Timothy Duffy, Ryan Dugan, Katelyn Ann Foster, RN, Joseph Gelling, Jr., Michael George Gonzalez, Jean Gurnwald, Susana Ladino, Corp. Gaelan Lynch, Sgt. Ramon Marrero, Lorraine Martin, PO 1st Class Matthew Martin, Pvt. Jack McKnight, John Mediate, Sgt. Kelvin O. Melara, Jose Molina, Jr., Airman 1st Class Jerome Miles, Cmdr. Colleen Minihan, Maj. Paul Minihan, Sargent William Mugno, CPO Floyd A. Rivera, Seaman Miguel Rodríguez, Raúl Rodríguez, Sgt. Sammy Rodríguez, Benjamin Rhodes, Edwin Sandoval, Doug Schambert, Paul Seiden, Luis Sic, Pvt. 1st Class Ashley Sumner, Sr. Airman Daniel C. Swensen, Lt. Col. David Talafuse, Lt. Col. John Talafuse, Maj. Thomas Talafuse, Corp. Daniel Vargas, Anthony Williams, Sgt. Maj. Lynroy Williams,

Please Pray for



Louis Algero, Lorraine Avitabile, Anne Bouchereau, Daniel Arce, Gloria Arce, Kathleen Burnham, Maureen Carl, Giancarlo Lino Compoverde, Frank Conanan, Elsie Diaz, Marie Dimanche, Maureen Douglas, Carol Estrema, Paul Fitzgerald, Kathy & Doug Fitzsimons, Amelia de la Fuente, Richard Feramisco, Gloria Giannuzzi, Yokasta Gonzalez, Xavier Gregg (child), Carla Griggs, Rosemarie (Artie) Grover, Dora Guerrero, Evelyn Hernandez, Jonathan Hernandez, Juan Hernandez, Michael Holian, Ed Kangeiser, Baby Braiden Lawrence Jeffers, Ed Kangesier, Brian Liranzo, Jose Liranzo, Rafael Lopez, Tanya Milo, Jose Martinez, Marta Martinez, Milton Martinez, Violeta Martínez, Linda Mcintosh Margaret Nadeau, Pat Nadeau, Clem Neville, Geraldine Neville, Mary Nugent, Samson G Paul, Cathy Pomerico, Grant Purpura, Sara Ramirez, Eviana Rose, Dcn. Cristobal Sanchez, Scott Stuhlinger, Donald Suchan, Anna Taglieri, James Taylor, Angelo Termini, Charlie Termini, Marybeth Termini, Vinnie Termini, Ana Tineo, Billie Trouard, Brendan Turner, Eileen Turner, Sarah Turner, Julianne Valot, Elaine Verity, Mary Walsh, James Wehrum, Kasey White, Lillian Wickman, Hope Wilson Mann and family, Melissa Young, all our sick brothers and sisters.

Please call the Rectory if anyone is in serious need of prayers. The names will remain our prayer list for four weeks.

Thank you.



Please Pray for Our Beloved Deceased:
Daniel Charles Roger



Please help Venerable Anthony Vincent Gallo join the ranks of the Canonized Saints
Pray for a Miracle
for a suffering person through the intercession of the
Venerable Father Anthony Vincent Gallo
Diocesan Priest, Oblate of the Congregation of the Priests of the Sacred Heart
Montforte Irpino, 11 January 1899 – 2 May 1934
For more information please visit: www.fathergallo.com

FAITH AND EDUCATION

SCHOOL'S IN: DRIVE CAREFULLY (both on and off the road)



NEWS FROM THE DE LA SALLE SCHOOL (516) 379-8660

The De La Salle School—Catholic Lasallian School for young men *Grades 5-8*

The cost of educating our students is much higher than the \$80 monthly payments are families are asked to pay, so the payments do not provide nearly enough money for us to run our school. We count on the generosity of benefactors to make our school affordable to the young men entrusted to our care. Thanks to individuals who choose to give back to those less fortunate than themselves, The De La Salle School is now in its twenty-third year and is financially sound. Praise God!

In order to meet our financial necessity, we have three yearly fundraisers that help us raise the needed funding. Our Golf Outing and Bocce Tournament is scheduled to take place on September 30, 2024. If you are interested in playing, please contact Mr. Joe Barry at 516-379-8660.

Future fundraisers will include our annual Christmas Luncheon at the Garden City Country Club which will take place on Thursday, December 12, 2024. The annual Gala at the Crest Hollow Country Club which will be held on Friday, June 6, 2025. Opportunities to participate in raffle drawings will also be available for these events. We always count on your support and appreciate your continued prayers for the success of the young men entrusted to our care.

Roxanna De Peña-Elder

Do you feel God is calling you to do more? Would you love to share your Faith with the children of Our Holy Redeemer? Catechists (and Catechist Aides) are needed for Classes that begin at the end of September.

**Please contact the Faith Formation office for more details:
(516-546-1057)**



What does it mean to be a catechist?

The root word, "catechesis," is from a Greek word meaning "to echo, or resound."

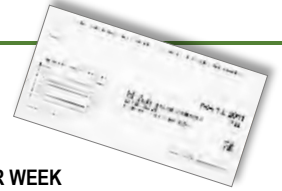
Catechesis is the act of resounding or bringing the Church's teachings to the world.

A catechist is one who teaches in the name of the Church.

- USCCB, "About Catechetical Sunday"

FAITH AND FINANCES

OFFERTORY TOTALS



MASS	FIRST OFFERING SEPT14/15, 2024	FIRST OFFERING SEP7/8, 2024	CURRENT WEEK ENVELOPES	PRIOR WEEK ENVELOPES
Automated Giving	\$ 1,024.85	\$ 1,023.57	30	30
Prior to Sunday	\$ 1,409.00	\$ 650.00	22	12
5:00 pm	\$ 813.00	\$ 875.00	22	20
7:00 pm	\$ 1,575.00	\$ 1,123.00	20	5
7:00 am	\$ 1,530.00	\$ 1,392.00	23	27
8:00 am	\$ 1,791.00	\$ 2,116.00	20	23
9:30 am	\$ 1,324.00	\$ 1,342.00	20	25
11:30 am	\$ 1,169.00	\$ 1,211.00	33	33
1:30 pm	\$ 3,046.00	\$ 2,757.00	27	41
5:00 pm	\$ 1,145.00	\$ 770.00	20	17
TOTAL	\$14,826.85	\$13,259.57	237	233

Current Catholic Ministry Appeal (CMA) Results!

CMA Goal: \$84,800.00

Payments Received: \$24,862.00 (29% of Goal!)

Only \$59,938.00 or 71% to go

100% of every dollar raised is treated as **restricted**; to be used **ONLY** for:

Parish Outreach Programs; Respect Life; Vocations

If we reach our goal we will receive a rebate of up to 80% of the overage!!

2024 Eucharistic Revival Check out the following:



Adoration/Holy Hour is the Last Sunday of the month at 8:00pm

2024 Mass Book there are still over 200 Holy Mass Intentions available. Please come to the rectory to have someone you know prayed for!

DEACON'S CORNER



“Whoever is not against us is for us.” The disciples had just told Jesus they had tried to stop a man from driving out demons in Jesus’ name “because he does not follow us.” Jesus tells them not to do so and then utters the above words. (See Mark 9:38-43, 45, 47-48 and also Numbers 11:25-29) It is very human to want people to fit our mold, to want them to be in our group. It is sort of a non-spoken requirement if we are going to like them. Some of the groups feel superior and look down on other groups that do not walk with them. In Today’s Gospel Jesus tells us to stop all of that: “Whoever is not against us is for us.” These words of Jesus open wide our hearts to all of our brothers and sisters. As

Rev. Msgr. Francis X. Gaeta says on page 66 of his beautiful book *With you Always*: “As we allow Jesus to melt away all vestiges of prejudice in our hearts, we see the Kingdom of God more powerfully in our lives and in our churches. As we begin to see everyone as friend and sister or brother, we know that Jesus is truly present and with us.” Is that how you feel?

Deacon Cris

EL RINCÓN DEL DIÁCONO

“No hay ninguno que haga milagros en mi nombre, que luego sea capaz de hablar mal de mí.” Los discípulos habían acabado de decirle a Jesús que habían tratado de detener a un hombre que estaba expulsando demonios en el nombre de Jesús, porque “no es uno de los nuestros.” Jesús les dice que no lo hagan y entonces enuncia las palabras de arriba. (*Vea San Marcos 9:38-43, 45, 47-48 y también Números 11:25-29*) Queremos que la gente se adapte a nuestro modelo. Los queremos ver en nuestro grupo. Es casi un requisito si es que vamos a quererlos. Algunos de los grupos hasta se sienten superiores a los otros, despreciando hasta cierto grado a los que no son miembros de sus grupos. En el Evangelio de hoy Jesús nos dice que debemos dejar de hacer eso: “No hay ninguno que haga milagros en mi nombre, que luego sea capaz de hablar mal de mí.” Estas palabras de Jesús que ciertamente sientan las bases para ecumenismo mundial también deberían de sentar las bases sobre las cuales debemos de abrir nuestro corazón a todos nuestros hermanos y hermanas. Como el Rev. Francis X. Gaeta dice en su hermoso libro *Con Ustedes Siempre*, “A medida que permitimos que Jesús derrita todos los vestigios de prejuicio en nuestro corazón, vemos el Reino de Dios cobrar más y más poder en nuestra vida y en nuestra iglesia. A medida que comenzamos a ver a cada uno como amigo, hermano y hermana, sabemos que Jesús realmente está presente con nosotros.”

Díacono Cris

Parishes Praying for Priests

+ United in Eucharistic Adoration +

2024-25

Prayer for Priests

On Tuesdays:

October 29 2024 &

April 29, 2025



*Parishes of the Rockville Centre
Diocese are answering Our
Lady's Call to pray for our
Shepherds.*

*All are invited to adoration to
pray for our priests by name at
a parish listed.*

Eucharistic Adoration Open Hours at these Parishes

Curé of Ars, <i>Merrick</i>	4 – 10 pm	St Christopher, <i>Baldwin</i>	5 – 9 pm
Holy Family, <i>Hicksville</i> (Adoration Chapel, Parish Ctr)	6 – 8 pm	St Frances de Chantal, <i>Wantagh</i>	12 – 2 pm
Holy Name of Jesus, <i>Woodbury</i>	6 – 10 pm	St Isidore, <i>Riverhead</i>	6 – 8 pm
Holy Name of Mary, <i>Valley Stream</i>	2 – 4 pm	St Joachim, <i>Cedarhurst</i>	3 – 5 pm
Maria Regina, <i>Seaford</i> (<i>Maria Regina Chapel</i>)	4 – 8 pm	St John Nepomucene, <i>Bohemia</i>	5:30 – 8 pm
Our Holy Redeemer, <i>Freeport</i> Bilingual	6 – 9 pm	St John the Evangelist, Center <i>Moriches</i>	3 – 7 pm
Our Lady of Mercy, <i>Hicksville</i>	5:30 – 8:30 pm	St Peter of Alcantara, Port Washington (IHM Chapel)	6 – 9 pm
Our Lady of Perpetual Help, <i>Lindenhurst</i>	6:30 – 10 pm	St Mary of the Isle, <i>Long Beach</i>	10 – 1 pm
Our Lady of Poland, <i>Southampton</i>	8:30 – 10:30 am	St Rose of Lima, <i>Massapequa</i> (Father Graham Chapel)	5 – 9 pm
St Agnes Cathedral, <i>RVC</i> (<i>Holy Cross Chapel</i>)	5 – 9 pm	St Rosalie, <i>Hampton Bays</i>	6 – 8 pm
St Barnabas the Apostle, <i>Bellmore</i>	5 – 7 pm	St Thomas the Apostle, West Hempstead (Lower Church)	4 – 7 pm
St Aidan, <i>Williston Park</i>	6:15 – 8:15 pm	St Thérèse of Lisieux, <i>Montauk</i>	5 – 7 pm
St Brigid, <i>Westbury</i>	1 – 5 pm	St Rocco, <i>Glen Cove</i>	6 – 9 pm

To lead this prayer evening in your parish, Call 516.458.0004 or email PrayForPriestsDRVC@aol.com



SEPTEMBER 29, 2024

Pastor's Message

I.-- SEVERAL YEARS AGO: It was so moving to see THE SPEAKER OF THE HOUSE: BOENER, weeping at the side of the Pope speaking to a joint session of congress. To see the reaction of people to the Holy Father: the VICAR OF CHRIST in the world is very moving. IF ONLY HIS WORDS AND THE WORDS OF THE GOSPEL COULD BRING ABOUT SUCH CHANGE FOR THE BETTER IN PEOPLES LIVES—It is a very proud and inspiring moment in the life of the Church, BUT WHAT WILL BE THE LASTING EFFECT OF HIS WORDS AND VISIT TO THE USA.

** WE AS CATHOLICS ARE VERY PROUD: in that we believe that we possess the DEPOSIT OF FAITH: Sacred Tradition and Sacred Scripture.....in that THE FULLNESS OF WHAT GOD WANTS TO SAY TO HUMANITY (nothing more nothing less) IS COMPLETE IN THE WORD (BIBLE) AND THE TRADITION OF THE CHURCH AND IN THE PERSON OF JESUS CHRIST (EUCCHARIST).

In other words, the Church IS THE TRUTH AND THE WAY TO SALVATION!

**HOWEVER: We DO NOT HAVE A MONOPOLY ON THE TRUTH AND SALVATION: other religions, other faiths may not have the fullness of the truth: BUT THEY are a path to salvation—it's not a matter of just TOLERATING OTHER RELIGIONS: IT IS RECOGNIZING THAT THEY TOO ARE A PATH TO GOD. ALTHOUGH WE CATHOLICS POSSESS THE FULLNESS OF GOD'S MESSAGE TO HUMANITY IN THE PERSON OF JESUS CHRIST.

A.-- CHURCH TEACHES: HEAVEN or Hell—YOUR CHOICE! (We are creating our own heaven or hell by the choices we make in this life.)—HEAVEN AND HELL are realities in this life NOW... not just in the afterlife.

Jesus is speaking about the HERE AND NOW. Many people lives now are a living hell...their lives are empty, the rush from one thing to the other looking for meaning. Gathering as many possessions as they can so that they will be happy—their lives are empty.

--Many people live the phrase: "We took what we wanted until we no longer wanted what we took" and so their lives remain empty: A GARBAGE DUMP, this is what GEHENNA means: it was a garbage dump outside of Jerusalem (has small fires / smoke / worms.—THIS PASSAGE REFERS TO THE PRESENT AGE.

II.-- JESUS SHOWS US ANOTHER WAY: THE WAY OF COMPASSION, which gives us meaning and greater satisfaction, a sense of being alive: PART OF BEING COMPASSIONATE MEANS GIVING / SHARING.

A--IT IS A VERY HEALTHY TO WANT TO GIVE AWAY WHAT ONE HAS (HAS BEEN GIVEN).-- think about it: God = giving constantly: God brought creation into existence AND IS CONSTANTLY GIVING US HIS LOVE AND GRACE—IT IS HEALTHY FOR US TO WANT TO GIVE AWAY (SHARE) WHAT GOD HAS GIVEN US.—Many people are in their OWN LIVING DARKNESS BY sometimes showing them the SMALLEST HUMAN KINDNESS can be monumental and change their life.

STORY: M. SCOTT PECK (psychologist) tells the story of a woman patient suffering from major depression. Called to say her car broke down. Dr. Peck offered to pick her up on the way to the office. But he explained he had to stop at the hospital first. If the woman was willing, she could wait in the car at the hospital and then they could continue on to his office and have their appointment.

She agreed. When they got to the hospital, he had another suggestion. He gave her the names of two patients who were convalescing. He told her that they would benefit from A VISIT FROM HER.

ABOUT AN HOUR LATER: the woman returned, and she was ELATED: She told Dr Peck that visiting those two people and trying to cheer them up: HAD LIFTED HER SPIRITS AND SHE WAS FEELING WONDERFUL, AND WITH A PURPOSE IN LIFE. DR. PECK responded, "SEE, SHOWING COMPASSION AND GIVING TO OTHERS : LIFTED YOUR SPIRIT!

POINT: This woman (major depression = DARKNESS) in GIVING JUST A LITTLE OF HERSELF BROKEDOWN THAT LIVING DARKNESS and gave her purpose / meaning in life.

** FOR PEOPLE OF FAITH:DOING WHAT JESUS WOULD—RAISES ONE TO A GREATER QUALITY OF LIFE*

SOME PEOPLE THINK THAT IMITATING JESUS IS BURDENSOME. !

Doing what Jesus would do (GIVING AWAY/SHARING) feeds us emotionally/ SPITITUALLY and lifts our spirits. One experiences the flow of the Spirit in the context of ministry.

A, WE HEAR AN ECHO FROM MARTIN LUTHER KING" An individual has not started living until they can rise above the narrow confines of their own concerns to the broader concerns of humanity.-- Everyone must decide whether they will walk in the light of creative altruism or in the darkness of destructive selfishness.

--This is the judgment & Life's most urgent question is "what are you going to do for others?"

--WHEN IT COMES TO OUR FAITH: it is not just a matter of doctrine, rituals, devotions, what group we belong to.

It comes down to: " DO WE LIVE A LIFE OF KINDNESS AND COMPASSION TOWARDS OTHERS?"

--JESUS WANTED HIS DISCIPLES TO NOT ONLY BE TOLERANT BUT TO SHOW COMPASSION:

--GOSPEL: they were disturbed by SOME ONE NOT FROM THEIR GROUP CASTING OUT DEMONS IN JESUS' NAME—APOSTLES WANED A MONOPOLY ON FAITH

--FOR JESUS: if this person was acting with compassion, he was not against him or his followers.

POINT: WE AS CATHOLICS MAY WE THE BEST WAY TO SALVATION BUT WE ARE NOT THE ONLY WAY.

III.-- IN GOSPEL--JESUS USES HYPERBOLE (exaggeration to make a point): --if your hand causes you to sin, cut it off.--if your eye causes you to sin, pluck it out-- if an attitude of exclusiveness causes you to stumble, get rid of it. If selfishness drives your life and hinders you from empathy towards others, cut it off. If you are judgmental of others, pluck it out.

POINT: that nothing must stand in the way of our following our Lord more closely and our salvation even going to the extremes.

CONCLUSION: THE GLORY OF GOD IS THE HUMAN BEING FULLY ALIVE:--AS PEOPLE OF FAITH, we are to live compassionate lives. BRINGING OUR LORD'S GOOD TO OTHERS!

Sung Mass
for the Feast of the
Maternity of the Blessed Virgin Mary

Friday, October 11, 2024
7:30 P.M.

Misa Cantada para la Fiesta de la
Maternidad de la Santísima Virgen María
Viernes, 11 octubre 2024, 7:30 P.M.

"Hail, Holy Mother, who gave birth to the King, Who rules heaven and earth for ever."
– Introit, *Missa Salve Sancta Parens*

Our Holy Redeemer Roman Catholic Church
37 South Ocean Avenue | Freeport, New York 11520

Purgatorial Society Remembrances October 2024

Bishop Paul H. Walsh
Msgr. James M. McDonald
Msgr. Donald T. Bennett
Father R. Michael Reid

Albert Chimeri
Albert Stoessel
Anastasia Kane
Andrew Stoessel
Brendan Turner
Elizabeth **"Betty"** Newman
Ernest Stoessel, Sr.
Ernest Stoessel
George Fischer
Geraldine King
Harold Mossy
Herbert Roland Ramirez
Jack (John J.) Weston
Janene M. Suchan
John Kane

Our Lady of Sorrows,
Pray for us!



John J. Keegan
Joseph Keegan
Justin Greene
Justin Michael Perez
Laura Ann Marchese
Linda Kane
Maria Keegan
Marie V. Weiss
Mark Kojamanian
Patrick Keegan
Rose Stoessel
Silas Rosales
Thomas Keegan
Thomas J. Suchan
William Greene
William E. Suchan Jr.
William R. Suchan

Each month all names submitted and received in time will be prayed for at Mass. In addition, the names will be proclaimed on the last 9am Saturday Mass of the month.

All names received by October 23, 2024 will be enrolled for November 2024.

The donation is \$20 per name

Please print clearly

Name to be enrolled: _____

Your name: _____

For Office use: Date Received: _____

OUR HOLY REDEEMER ROMAN CATHOLIC CHURCH
37 SOUTH OCEAN AVENUE FREEPORT, NEW YORK 11520 (516) 378-0665



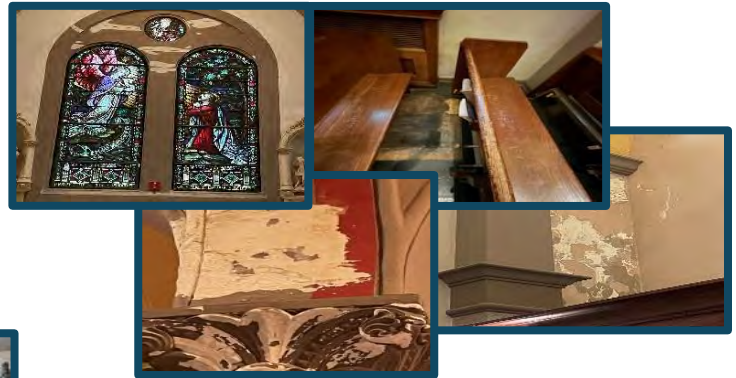
PRELIMINARY CASE STATEMENT

For many years, Our Holy Redeemer Parish has welcomed all who walk through its doors, educating the Catholic community with the knowledge and love of God and of the Gospel. Our beloved church has adapted and expanded to the needs of parishioners in order to remain a thriving oasis of faith and community.

Today we find ourselves in an exciting moment in our parish's history. As we look forward to the future, we recognize the need to renovate our church and school. The proposed necessary projects for the church and school have been carefully identified.

CHURCH INTERIOR - \$623,731

- Repair interior walls and floors that were damaged before the roof replacement, by rainfall and faulty HVAC system.
- Refinish kneeling pads and pews.



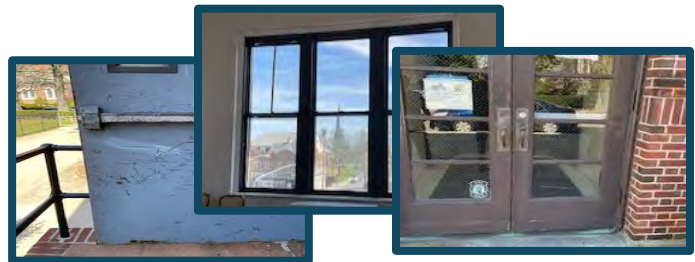
SCHOOL ROOF - \$166,100

- Replace the roof to prevent damage to the 100 years old front and main body of the school building.

SCHOOL

WINDOWS AND DOORS - \$453,525

- Replace and upgrade the 40-year-old, worn out and rusted, original doors and windows.



SCHOOL AIR CONDITIONING (BASEMENT) - \$68,000

- Replace the current air conditioning unit that has reached its life expectancy at over 25 years old, to ensure proper cooling of the meeting rooms in the school basement.

Preliminary Capital Campaign Goal is to raise \$1,311,356.00

ONE CHURCH, ONE FAITH, ONE BODY, ONE FAMILY

OUR HOLY REDEEMER ROMAN CATHOLIC CHURCH
37 SOUTH OCEAN AVENUE FREEPORT, NEW YORK 11520 (516) 378-0665



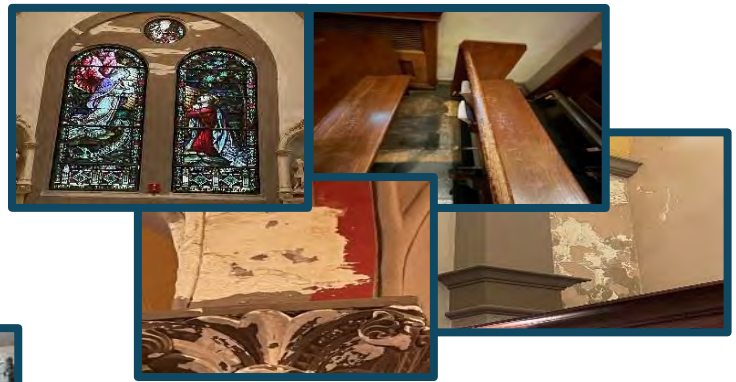
DECLARACIÓN PRELIMINAR DEL CASO

Durante muchos años, la Parroquia de Nuestro Santo Redentor ha acogido a todos los que pasan por sus puertas, educando a la comunidad católica con el conocimiento y el amor de Dios y el Evangelio. Nuestra querida iglesia se ha adaptado y ampliado a las necesidades de los feligreses con el fin de seguir siendo un próspero oasis de fe y comunidad.

Hoy nos encontramos en un momento emocionante en la historia de nuestra parroquia. Al mirar hacia el futuro, reconocemos la necesidad de renovar nuestra iglesia y escuela. Los proyectos necesarios propuestos para la iglesia y la escuela han sido cuidadosamente identificados.

INTERIOR DE LA IGLESIA- \$623,731

- Reparar las paredes interiores y pisos que se dañaron antes del reemplazo del techo, por la lluvia y el sistema HVAC defectuoso.
- Restaurar las almohadillas para arrodillarse y los bancos.

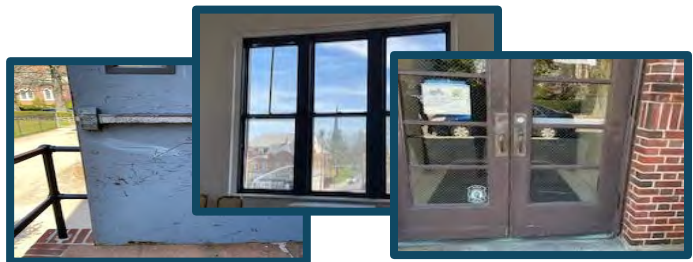


AZOTEA DE LA ESCUELA- \$166,100

- Reemplazar el techo para evitar daños al frente y al cuerpo principal del edificio de la escuela, de 100 años de antigüedad.

VENTANAS Y PUERTAS DE LA ESCUELA- \$453,525

- Reemplazar y actualizar las puertas y ventanas originales de 40 años de antigüedad, desgastadas y oxidadas.



EL AIRE ACONDICIONADO DE LA ESCUELA (EL SÓTANO) - \$68,000

- Reemplazar la unidad de aire acondicionado actual, que ha cumplido su vida útil con más de 25 años, para garantizar una adecuada refrigeración de las salas de reuniones del sótano de la Escuela.

La Meta Preliminar de la Campaña de Capital es Recaudar \$1,311,356.00

ONE CHURCH, ONE FAITH, ONE BODY, ONE FAMILY

Father Charles and Laurie Mangano

+ a brother & sister +

Present a One-Night Mission

An evening of song, inspiration and reflection

Our Holy Redeemer RC Church

37 South Ocean Avenue

Freeport, NY 11520

For information call (516) 378 - 0665

Friday, October 25th

7:30 PM

+ free will offering +



TOPIC: Heart to Heart

How to grow in intimacy with Our Father who loves us

Do you desire to enter more deeply into prayer, to hear God speak to you, to freely relate all the concerns of your life to your Creator? Then this is the night for you!

This powerful program is designed to help guide you into a richer, more intimate life with God. Father Charles and Laurie will be sharing the four steps of praying that will aid you in a

more fulfilling encounter with your God who loves you dearly. During the night, there will be a powerful testimony, prayer and beautiful soul stirring songs. Come and enter into a Heart to Heart encounter with your God. + This night includes a time of adoration before the Blessed Sacrament +

Father Charles and Laurie have united their gifts to praise God and minister to His people in a very special way. They have been singing for the Lord since childhood, and together they have touched the hearts of thousands with their meditative and inspirational music. In addition to producing 13 albums, a DVD and music video, Father Charles and Laurie had co-hosted their own television show on Telecare for many years. They have sung at countless venues. This beautiful Night of Recollection on Friday, October 25th is **guaranteed to be most uplifting!** It is our hope that through this experience we will come to know, love and trust the Lord Jesus in a deeper and more intimate way, leading us to serve the Lord with gladness.

“The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness.”

(Galatians 5:22)



Are you ready to be refreshed?

Living with The Holy Spirit Seminar

We all need to imitate Jesus, and this happens when the Holy Spirit comes alive in us. Adults and young adults (14+) are invited to come and receive a new release of the Spirit's presence in their lives.

TIME: 7:00 p.m.

DATES: October 3, 10, 17, 24

November 2 (Retreat Day)

November 7, 14

WHERE: Lower Meeting Room, Our Holy Redeemer Church

Please register by returning the below form either to the Rectory;
in the collection basket; or by contacting
Carolyn Jimenez at 516.849.6030 or Carolyn Terzulli at 516.633.4990

Holy Spirit Seminar Registration Form

Name: _____

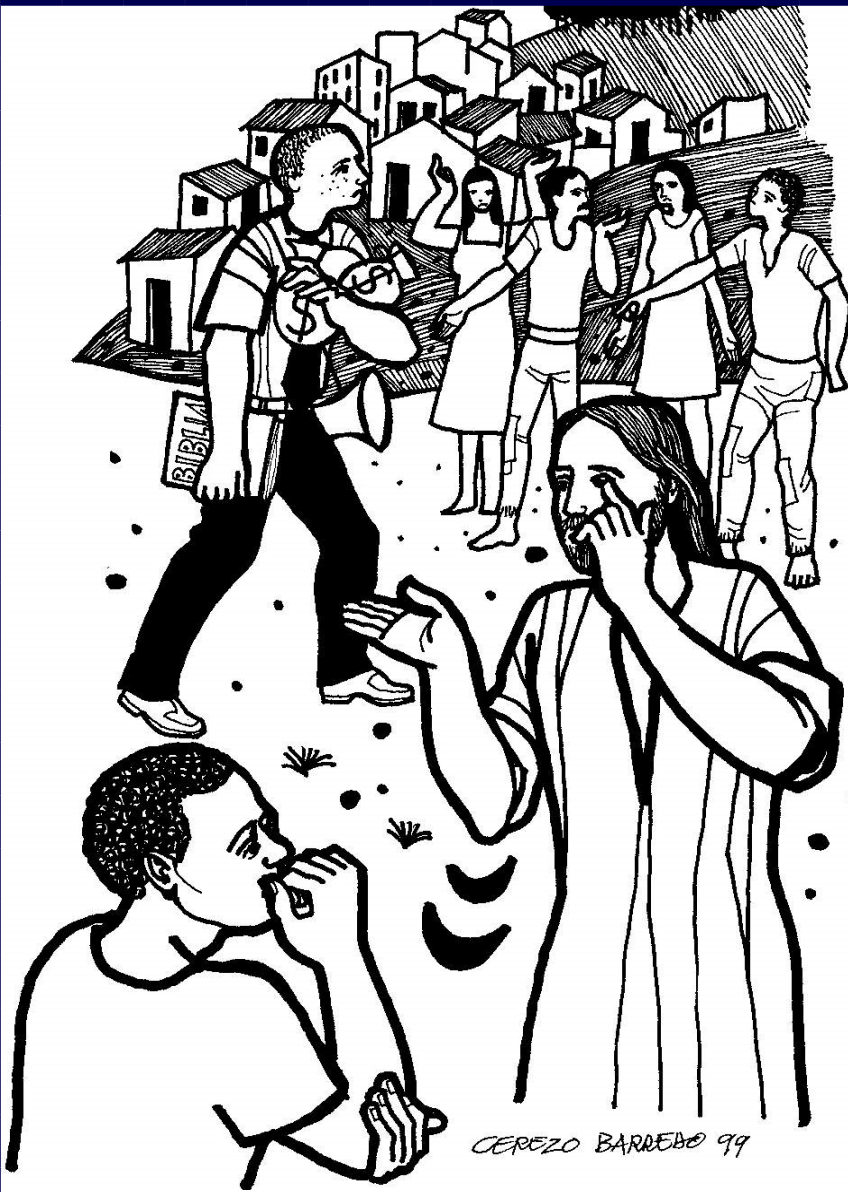
Phone: _____

Email: _____

ENTERING THE KINGDOM OF GOD

"Whoever causes one of these little ones who believe in Me to sin, it would be better for him if a great millstone were put around his neck and he were thrown into the sea. If your hand causes you to sin, cut it off. It is better for you to enter into life maimed than with two hands to go into Gehenna, into the unquenchable fire. And if your foot causes you to sin, cut it off. It is better for you to enter into life crippled than with two feet to be thrown into Gehenna. And if your eye causes you to sin, pluck it out. Better for you to enter into the Kingdom of God with one eye than with two eyes to be thrown into Gehenna, where 'their worm does not die, and the fire is not quenched.'"

Saint Mark IX: 42-48



CEREZO BARREDO 99

Directions: Find the words below from today's Scripture reading in the puzzle. Words can go horizontally, vertically, and diagonally in all directions (as shown).

- | | |
|---------|-----------------|
| AGAINST | KINGDOM |
| ANYONE | LITTLE |
| AROUND | MIGHTY |
| BELIEVE | MILLSTONE |
| BETTER | NAME |
| CAUSES | PERFORMS |
| DEMONS | PREVENT |
| DRIVING | REPLIED |
| ENTER | REWARD |
| FOLLOW | SPEAK |
| FOOT | TEACHER |
| GREAT | THROWN |
| HANDS | WATER |
| JESUS | WHOEVER |

T	E	A	C	H	E	R	T	M	S	A	T	A	S	L
R	E	T	T	E	B	Y	D	L	N	G	N	N	D	K
S	P	E	A	K	W	O	W	Z	O	A	E	Y	N	A
H	M	J	S	O	H	N	T	N	M	I	V	O	A	G
M	M	I	L	L	S	T	O	N	E	N	E	N	H	D
U	O	L	G	N	I	V	I	R	D	S	R	E	E	A
W	O	D	F	H	T	G	C	Z	D	T	P	I	R	W
F	H	O	G	P	T	B	P	T	X	Q	L	O	E	A
T	O	O	M	N	E	Y	H	S	X	P	U	S	W	T
T	A	C	E	L	I	R	U	Y	E	N	U	V	A	E
S	Z	E	I	V	O	K	F	R	D	S	K	R	R	R
Q	F	E	R	W	E	Z	I	O	E	Y	U	S	D	L
I	V	W	N	G	J	R	J	J	R	E	M	A	N	E
E	L	I	T	T	L	E	T	V	B	M	X	E	C	S
R	E	T	N	E	C	A	S	A	V	H	S	N	T	L

Our Holy Redeemer Church

Invites you to



T I M E

50/50 Raffles

Date: Sunday, October 13, 2024
Time: 3 PM to 6 PM (*Doors Open at 2:30 PM*)
Place: *Our Holy Redeemer School Bld. - Auditorium*
 87 Pine Street, Freeport, NY 11520

Sale of Snacks & Beverages

Admission: \$25 Per Adult (NO Children Allowed)
 (10 Games & Marker included)
 (3 Chances to Win on each Game Sheet)

Chinese Auction

Registration: **Advance Registration Preferred!**

Registration Form:

Name: _____

Telephone Number: _____

Name: _____

Name: _____

Total Amount Paid: \$ _____

Name: _____

Cash or Check Payable to Our Holy Redeemer Church

Name: _____

Date Received: _____ By: _____

Please Drop off at Rectory, Mon.-Fri. 9 AM-5 PM (516-378-0665)

Iglesia de Nuestro Redentor

Te Invita A



50/50 Rifas

Hay Canastas de regalo Para Rifa

Fecha: Domingo, 13 de Octubre, 2024
Horario: De 3 PM a 6 PM (*Las Puertas Abren a las 2:30 PM*)
Dirección: La Escuela de Nuestro Redentor - *En el Auditorio*
87 Pine Street, Freeport, NY 11520

Entrada: \$25 Por Adulto (NO se admiten Niños)
(10 Juegos y se incluyen Marcadores)
(3 Oportunidades de ganar con cada Juego)

Venta de Bocadillos y Refrescos

Inscripción: ¡Preferiblemente inscripción anticipada!

Formulario de Inscripción :

Nombre: _____

Número Telefónico: _____

Nombre: _____

Nombre: _____

Total Pagado: \$ _____

Nombre: _____

efectivo o cheque pagadero a Our Holy Redeemer Church

Nombre: _____

Fecha de recepción del pago: _____ Por: _____

Por favor, deje su formulario y pago en la Rectoría Lunes a Viernes. 9 AM-5 PM (516-378-0665)

La parroquia Santo Redentor

Te invita

miércoles Eucarístico

Día 25 de septiembre

Hora 7:00pm

CON ALABANZA Y EXPOSICION

DEL SANTISIMO Y

ORACION POR LOS ENFERMOS

Evangelio según San Juan 6:51 Yo soy el pan vivo que ha bajado del cielo. El que coma de este pan vivirá para siempre.

37 S ocean ave Freeport NY



DIOCESE OF ROCKVILLE CENTRE
OFFICE OF THE BISHOP

September 23, 2024

Dear Brothers and Sisters in Christ,

At this year's general election, New York voters will decide whether to approve a proposed amendment to the State Constitution. Officially known as "Proposal One", the amendment would add new language to the State's version of the "Bill of Rights" that, if approved, could insert gender ideology into child and adult sports, schools, hospitals, and even our churches.

The proponents of Proposal One refer to it as the "Equal Rights Amendment" and claim that the amendment is intended to protect the right to access an abortion. Proposal One, however, does nothing to ensure "equal rights" nor does it have anything to do with the legality of abortion in New York.

Since 1938, the State Constitution has guaranteed the right to the equal protection of the laws and has barred discrimination against any individual by a public or private institution based upon "race, color, creed or religion." Now, eighty-five years after the adoption of the Constitution's prohibition on discrimination, the State Legislature has discovered that we need an "Equal Rights Amendment" that ensures a "right" to an abortion in New York.

New York's abortion laws are already among the most permissive in the nation. Proposal One does nothing to alter the abortion laws or to further liberalize them. In fact, the word "abortion" does not appear anywhere in the proposed amendment. New Yorkers who vote in favor of Proposal One because they believe it will provide additional legal guarantees related to abortion are victims of a misleading campaign that masks the true purpose of the amendment.

Voters need only to read the language set forth in Proposal One to learn its actual purpose and to discern its potential for harm. While they will find no mention of abortion, voters will discover that, if adopted, Proposal One would prohibit discrimination based upon "gender identity" or "gender expression." This language would transform the laudable and longstanding anti-discrimination article in the State Constitution into a legal weapon that would force institutions across the state—public and private, religious, and secular—to accommodate the most radical forms of gender ideology.

Under this language, for example, a CYO girls' basketball team, or a local girls' soccer club, could be forced to allow a biological male to participate on the team if he wishes to do so because of his "gender expression." To bar such a person from the team would constitute an act of illegal discrimination.

The same language can be employed against health clubs, public and private schools, restaurants, and other public places to mandate that these institutions open their bathrooms and locker rooms to anyone, regardless of biological sex, based upon an individual's "gender identity." To restrict access to a bathroom or locker room according to biological sex would be another form of unconstitutional discrimination.

Furthermore, Proposal One would undermine the bedrock religious liberty protections that the State Constitution is supposed provide for Catholic parishes, schools, and hospitals, as well as for the religious institutions administered by other faiths. The amendment would expose a church or school to a lawsuit if, for example, it refused to hire a "transgender" catechist or dismissed an employee for the promotion of notions about gender that are antithetical to Church teaching. A teacher could demand to be called by a "preferred pronoun", as could any student, regardless of age. A refusal to adopt this sort of language regime would violate the Constitution.

Catholic hospitals that do not perform gender-related surgeries could be sued for illegal discrimination against people who wish to express their gender identity through a medical procedure.

Supporters of Proposal One dismiss these concerns as far-fetched fearmongering. Yet they cannot offer any other plausible application of the language in the amendment. Unlike proposals in other states that were designed to limit the power of a state legislature to regulate access to abortion, Proposal One never mentions abortion, nor does it expressly restrict the power of the State Legislature to pass laws related to abortion. Instead, the amendment adds a "word salad" of terms to the State Constitution that would turn the shield of anti-discrimination protection into a sword that can be used to pierce religious and secular institutions in order to impose, by force of law, a gender ideology that voters have never endorsed.

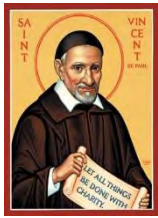
New York's Constitution has, for nearly a century, expressly prohibited discriminatory practices. Proposal One does nothing to enhance the universally accepted principle of equality before the law. Proposal One is, instead, a deceptive effort to impose an ideological agenda upon the State disguised by popular and inoffensive rhetoric about "equal rights" and by appealing to voters who believe the state's abortion laws are at risk of change. But, to paraphrase the Gospel, by its language you shall know it. The words of Proposal One reveal its true intent and the effects it would have if adopted.

New Yorkers who do not wish to see the State Constitution used to implement a harmful gender ideology that would reach into nearly every facet of ever day life, from sports to schools, from bathrooms to gyms to hospitals—even into churches, synagogues and mosques—must vote "NO" on Proposal One.

Sincerely in Christ,

A handwritten signature in black ink that reads "John O. Barres". The signature is written in a cursive style with a cross at the beginning.

Most Reverend John O. Barres
Bishop of Rockville Centre



THE FREEPORT CONFERENCE OF SAINT VINCENT DE PAUL

The St. Vincent de Paul Society is a Catholic lay organization that directly helps our neighbors in need. It is a person-to-person ministry of encounter that tries to see the face of Christ in the faces of those who are suffering financial hardship. It is a Gospel response to assist our brothers and sisters through the Corporal and Spiritual Works of Mercy.

Please call the Rectory and leave your name if you would like to help with this work.

Please Come Home and Pray with

THE LEGION OF MARY



The worldwide Legion of Mary has been called "a miracle of these modern times."

The Legion of Mary is an association of Catholic laity who serve the Church on a volunteer basis. Today, between active and auxiliary (praying) members, there are more than 10 million worldwide, making it the LARGEST apostolic organization of lay people in the Catholic Church!!!

PLEASE JOIN US

For more information, please call Sheila Walsh at (516) 379-9028

KNIGHTS "KORNER"



ARCHBISHOP MOLLOY COUNCIL #1974

If you would like to be a part of an international organization of more than 1.8 million Catholic men whose principal work involves helping others in need, then we would like to meet you and invite you to join us. For more information, please call

*Lincoln McLean, Grand Knight
@ 516 448-4446*

THE CATHOLIC DAUGHTERS OF THE AMERICAS



There is a great group of women who have been meeting here in the Parish for more than 80 years. The Catholic Daughters of the Americas is a way for all women to enhance their spiritual and emotional growth. We are open to all Catholic women 18 years and older. We are ready to restart our meetings on the 2nd Monday every month from 7-9 pm in the church basement. For more information, please contact

*Theresa Duran, Regent
@ 516-298-2672*



**El Ministerio de los niños,
Ángeles de la Virgen del
Rosario**

Lo invita a Ud. padre de familia a ingresar a su hijo a participar en el Coro de los niños y cantar las alabanzas

en la Misa que como Ministerio les corresponde; en hacer el Rezo del Santo Rosario; en proclamar la palabra; en celebrar las Posadas y en muchas actividades parroquiales. Su niño debe tener 6 años de edad para su ingreso. Para más información puede comunicarse con hermanas Damaris Salcedo 516 225-7945 y Dinora Sánchez 516 457-4680.



Ultreya

Nos reunimos todos los miércoles a las 7:30 de la noche en el sótano de la Escuela. Para más información comuníquese con nuestra vocal: Blanca Peralta al 516-1325-3487.

**Lecturas para el 6 de Octubre de 2024
XXVII Domingo del Tiempo Ordinario**

Primera Lectura: Génesis 2, 18-24

Salmo Responsorial: Salmo 127

Segunda Lectura: Hebreos 2, 8-11

Evangelio: San Marcos 10, 2-12

**El Grupo Señor
de las Misericordias**

Nos reunimos todos los lunes a las 7 PM en la Capilla del Convento.



*¿Le gustaría servir en el
Ministerio de Hospitalidad
de la Iglesia?*



Lo invitamos a unirse a nuestro grupo. Si desea más información, por favor, llame a Carlos Portillo al 516-849-4568 o a Elmer Vásquez 516-395-7389.



**Grupo de Jóvenes
Adultos Creciendo en
Cristo**

Estamos muy deseosos de volver a reunirnos con todos ustedes. Para más información:

Estén al tanto de próximos anuncios en el Boletín. Pueden llamar a Armando Vásquez al (516) 590-5403

**La Legión de María “La
Medalla Milagrosa”**

Lo invita cordialmente a sus reuniones todos los sábados a las 5 de la tarde en la Sala # 108 del Edificio de la Escuela. Para más información por favor llame a la Coordinadora: Berta García 718-791-5981



¡Urgente Llamado a los Monaguillos!



¿Te gustaría ayudar a servir en el altar? ¿Por qué no unirte al creciente grupo de jóvenes que ayudan al Sacerdote en nuestro Altar? Si estás interesado, y tus padres están de acuerdo, llama al Padre Carlos al 516-378-0665. Si él

no está disponible, déjale un recado con tu nombre y teléfono y él o un delegado te llamará. El primer paso es recibir instrucción para que sepas lo que tienes que hacer y las primeras veces que sirves te acompañará otro servidor con experiencia que te ayudará a hacer lo que debes hacer. De modo, que ¡manos a la obra!

**Comunidad
Santo
Redentor**

La Comunidad de Oración Carismática Santo Redentor se reúne todos los martes de cada mes, de 6:30 PM a 9:00 PM.

Para más información por favor llame a la coordinadora del grupo: Evelyn Espinoza. 516-425-1065.



**El Grupo Carismático Cristo
Vive se reúne todos los
domingos de 6:30 PM a 9:00
PM. Si tiene preguntas, llame al
Coordinador: Carlos Deras
(516) 304-2846**

Hungerford & Clark

"Proudly serving the Freeport community and Our Holy Redeemer Parish for over 80 years"

FUNERAL HOME
110 Pine Street, Freeport, N.Y. 11520
(Opposite Our Holy Redeemer Church)

(516) 379-3119
Michael Carpinone • Carmine Carpinone
Lincoln McLean, Miguel Arias, Sapphire Edwards

Se Habla Espanol
Affordable Funerals & Cremations
www.HungerfordAndClark.com
Fax: 516-868-6961
Freeport Residents & Parishioners

Pizza, Calzones, Heroes, Panini
Catering for All Occasions



Voted the Best Pizza
On Long Island

"For the Best Pizza,
Homecooked Food & Catering!"
516-378-4379

187-A W. Merrick Rd., Freeport
\$1 OFF Any Large Pizza With this Ad



Ocean Financial
Federal Credit Union
Catholic Values You Can Bank On

Scoop up a sweet savings rate!

6-Month Certificate

5.00% | 5.11%
APY*

Ask us about it today!

OceanFinancial.org
516.620.8100 • 833.642.1645

FEDERALLY INSURED BY NCUA

*APY=Annual Percentage Yield. Rate effective as of 12/18/2023. Rates and terms are subject to change without notice. \$500 minimum deposit required to open Certificate.

Eartley West, CBR
Licensed Real Estate Sales Person
C: 516-382-0312 • O: 516-809-1000
Ewest@cbamhomes.com
ewest.cbamhomes.com
55 Merrick Ave., Merrick

Dr. Orkideh Naghavi, D.M.D.
Cosmetic & Family Dentistry
140 South Long Beach Avenue
Freeport, N.Y. 11520
516-378-3767 by Appt.
www.freeportdentalcare.com

GALA FOODS

SUPERMARKET

"New name, beyond comparison!"
"Nuevo nombre, incomparable como siempre!"

120 N. Main St., Freeport 111 W. Merrick Rd., Freeport
(516) 546-8033 (516) 223-8486

10% Senior Discount on Wednesday
Veteran Discount on Thursday
Excluding sale items, metrocards, phone cards and beer
www.galasupermarkets.com

South Nassau Eye Care
Dr. Christopher Gentile
Dr. Valerie Giangrande
Optometrists

Comprehensive Vision Care
Eye Exams-Prescriptions Filled
By Appointment
21 W. Merrick Rd., Freeport
Phone: 516-379-4041

Do You Need to Have
Your Hair and Nails
Done by Licensed
Cosmetologist in
Your Home?

Elderly, Disabled, or Home Bound
Call Ginny
516-867-1866
Apts Available
Reasonable Rates

MAIDENBAUM

THE LEADER IN PROPERTY TAX REDUCTION

mptrg.com/bulletins 516.715.1223
Hablamos Español

Maidenbaum Property Tax Reduction Group, LLC

Two Cousins Fish Market
255 Woodcleft Avenue, Freeport **379-0793**
on Freeport's Nautical Mile - Parishioners

TOP QUALITY SEAFOOD

Live Lobsters - Live Crabs
Fresh Clams • All Size Shrimps
Fresh Cut Fillets • Clam Bakes
Boat Arrives Daily
Open 7 Days

STATE FARM INSURANCE
KEN DOOKRAM CLU LUTCF, AGENT
Bus. (516) 378-4466
49 West Merrick Rd., Freeport
ken.dookram.svjv@statefarm.com

Hartnett FUNERAL HOME
561 JERUSALEM AVENUE, UNIONDALE, NY 11553

Family Owned and
Operated Since 1922
516.483.9288

Personalized
Primary Care for YOU throughout
Long Island



To schedule an
appointment, call
(866) MY-LI-DOC
(866-695-4362)

Catholic Health
LONG LIVE LONG ISLAND™

Celebrating
95 YEARS
ATLANTIC
NURSERY • GARDEN SHOP • LANDSCAPING
www.atlanticnursery.com
250 Atlantic Avenue, Freeport
(516) 378-7357



OIL HEAT SERVICE
(516) 379-2727

• Cap Pricing • COD Available • Full Service • Installations
WWW.ALLYNSERVICES.COM

Abortion? There *is* a better solution.

LIFE OUR FIRST RIGHT...
without which **NO OTHER** rights exist!
Long Island Coalition for Life Educational Trust
Pro-life Resources, Post-Abortion Healing Information

ProLifeLI.org or 631.243.1435

Pregnancy options: 631-243-0066 (24/7)
AAAPregnancyOptions.org



CHOOSE LIFE!

For confidential assistance with your pregnancy
and for information about alternatives
to abortion, please call:

- ♥ Birthright: (516) 785-4070
www.birthright.org
- ♥ The Life Center: (516) 408-6300
www.aapregnancyoptions.org
- ♥ Momma's House: (516) 781-8637
www.mommashouse.org
- ♥ Regina's Residence: (516) 223-7888
www.catholiccharities.cc/reginasresidence

BABY'S LIFE BEFORE BIRTH

- ♥ My heart is beating at 18 to 25 days.
- ♥ The foundation for my nervous system is in place at 20 days.
- ♥ My skeleton is complete at 42 days and I have reflexes.
- ♥ My brain waves can be detected as early as 43 days.
- ♥ At 8 weeks my brain and all body systems are present and I look like a miniature doll.

- ♥ During weeks 9 and 10 I squint, swallow and can make a fist.
- ♥ By the 11th and 12th weeks I am moving my arms and legs, sucking my thumb and breathing amniotic fluid. All my systems are working.
- ♥ My movements by 16 weeks are quite active and I can be seen performing somersaults on ultrasound but am not yet felt by my mother.
- ♥ From the 3rd month on nothing new develops. I continue to grow in size and by 20 weeks I have hair on my head, weigh 1 pound and am 12 inches tall.